



# Useful tips for sensor wear

WHY PRICK, WHEN YOU CAN SCAN?¹

Sensors stick better when you wash, clean, and dry your skin before application

## 1. WASH

Only use **non-moisturising, fragrance-free soaps** to wash the area where you'll apply the sensor.

## 2. CLEAN

Use an **alcohol wipe** to clean the site and allow skin to air dry.

## 3. DRY

**Allow your skin to fully dry** before applying the sensor. This is especially important if you plan to apply the sensor after you shower or swim.



## BEFORE YOU APPLY THE SENSOR:

- Be sure to choose an approved application site – the back of your upper arm.
- Do not use body lotion or cream where you'll apply the sensor as they may leave an oily residue on your skin.
- Do shave any excess arm hair as it can get caught between the sensor adhesive and skin.



Images are for illustrative purposes only. Not actual patient.

1. Finger pricks are required if glucose readings and alarms do not match symptoms or expectations.



# Tips to keep your sensor in place



## EASY DOES IT

Be careful not to catch your sensor on a doorway, car door, seat belt, or furniture edges.



## PAT DRY

After a shower or swim, take extra care when toweling off to avoid catching or pulling off your sensor.



## DRESS FOR SUCCESS

Try to give your sensor room to breathe by wearing loose-fitting clothing and lightweight material.



## CONTACT SPORTS AND HEAVY EXERCISE

Be sure to select a site on the back of your upper arm that will minimise the risk of knock-off.



## SLOW DOWN

When dressing or undressing, be careful that you don't catch your undergarments on the sensor.



## HANDS OFF

Try not to play, pull, or touch the sensor while wearing it.



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