FreeStyle Libre 2 PLUS Sensor



FreeStyle Libre System

Sensor Adhesion Guide

The FreeStyle Libre 2 Plus Sensor is designed to be worn for up to 15 days. Please follow the instructions found in the user manual for skin preparation and application.

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Step 1: Selecting a site

Select an area of skin on the back of your upper arm that generally stays flat during normal daily activities (no bending or folding). Choose a site that is atleast 2.5 cm (1 inch) away from an insulin injection site. To prevent discomfort or skin irritation, you should select a different site other than the one most recently used.

Step 2: Preparing the skin

Issue	Suggestion
Oily Surface Soap, lotion, shampoo or conditioner might leave oily residue on the skin that may prevent the sensor from sticking properly.	• Clean the skin with soap and water • Allow skin to air dry
Wet Surface	• Dry skin • Clean skin with an alcohol wipe • Allow skin to air dry
Hairy Surface	• The site selected on the back of the upper arm must be clean-shaven

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Step 3: Removing the Sensor

Your FreeStyle Libre sensor automatically stops working after 15 days of wear. To remove gently pull up the edge of the adhesive that keeps your sensor attached to your skin. Slowly peel away from your skin in one motion.

Tips on handling the application site



Remove remaining adhesive residue on the skin with warm soapy water and apply baby oil to moisturise.



To prevent discomfort or skin irritation, select a different site other than the one used most recently.

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Useful tips for sensor wear

Sensors stick better when you wash, clean and dry your skin before application.



Wash

Only use non-moisturising fragrance free soaps to wash the area where you'll apply the sensor.



Clean

Use alcohol wipe to remove any oily residue.



Dry

Allow the skin to fully dry before applying the sensor. This is especially important if you plan to apply the sensor after you shower or swim**.

Before you apply the sensor:

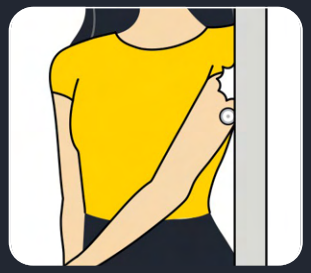
- Be sure to choose an approved site - the back of your upper arm.
- Do not use body lotion or cream where you'll apply the sensor as it may leave an oily residue on your skin.
- Do shave arm hair as it may get caught between the sensor adhesive and skin.



** Sensor is water resistant in up to 1 meter (3 feet) of water. Do not immerse longer than 30 minutes.
Images are for illustration purposes only. No actual patient data. Any person depicted in the photos is a model.

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Tips to keep your sensor in place



Easy does it

Be careful not to catch your sensor on a doorway, car door, seatbelt or furniture edges.



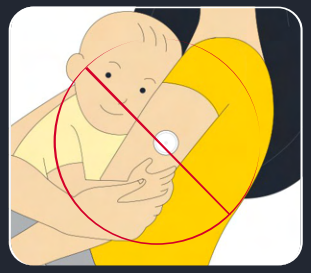
Pat dry

After a shower or swim, take extra care when toweling off to avoid catching or pulling off your sensor.



Dress for success

Try to give your sensor room to breathe by wearing loose - fitting clothing and light weight material.



Resist the urge to play with your sensor

and keep it away from curious hands, young and old alike.



Slow down

When dressing or undressing, be careful that you don't catch your undergarments on the sensor.



Hands off

Try not to play, pull or touch the sensor while wearing it.

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