



FreeStyle Libre 2

FOR PEOPLE
WITH DIABETES

Quick reference
guide to the
Libre 2 reader.

How it works, how to get started,
how to set alarms and how to upload
your glucose data to LibreView¹.



Images are for illustrative purposes only. Not actual patient data.

1. The LibreView data management software is intended for use by both patients and healthcare professionals to assist people with diabetes and their healthcare professionals in the review, analysis, and evaluation of historical glucose device data to support effective diabetes management. The LibreView software is not intended to provide treatment decisions or to be used as a substitute for professional healthcare advice.



OVERVIEW OF THE MAIN FEATURES

The Libre 2 reader.



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1. The FreeStyle Libre 2 reader is designed to be used only with FreeStyle Optium blood glucose and blood ketone test strips and MediSense control solution.

How to scan your sensor.

After applying your Libre 2 Plus sensor, you will need to activate it with your Libre 2 reader.

- 1 Press the Home button** to turn on the reader.
Note: If using reader for the first time, follow the prompts to set date and time.
- 2 Press “Start New Sensor”** on the screen.
- 3 Hold the reader** within 4 cm of the sensor.
- 4 If sounds are turned on, the reader beeps** when the sensor has been successfully activated.¹
- 5 After the 60-minute warm-up period, you can check your glucose at any time** by scanning the sensor with your reader.

Important information:

If you start your Libre 2 Plus sensor with your Libre 2 reader, you will not receive real-time glucose readings, even if you use the updated LibreLink app^{2,3} as your second device.

You will need to scan to get your glucose reading on both devices. Glucose alarms are only received on the device used to start the sensor.

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1. Once you activate a sensor with a reader, you can receive alarms from the reader only. To use the same sensor with your compatible smartphone, start your sensor with the reader and then scan it with FreeStyle LibreLink app. If you are using two devices with the same Sensor, be sure to scan frequently with both devices. 2. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink may require registration with LibreView. 3. Glucose readings are automatically displayed in the app only when the smartphone and sensor are connected and in range.



IT'S EASY TO SET GLUCOSE ALARMS ON YOUR LIBRE 2 READER

How to set glucose alarms on your reader.¹

1



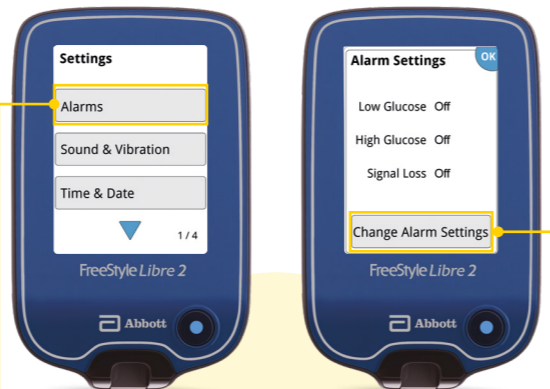
Press the Home button to turn on the reader.

2



Tap the Settings² symbol in the top right corner.

3



Then tap "Alarms", followed by "Change Alarm Settings".

4



Next, tap to turn each alarm on one at a time.

5



Use the up/down arrows to set Low and High Glucose Alarms¹.

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¹ You can choose which device you want to receive alarms: FreeStyle Libre 2 reader or FreeStyle LibreLink app. You must then start your FreeStyle Libre 2 Plus sensor with that selected device. Once you scan your sensor with that device, you can receive alarms only on that device. ² Please see the FreeStyle Libre 2 User's Manual for complete instructions.

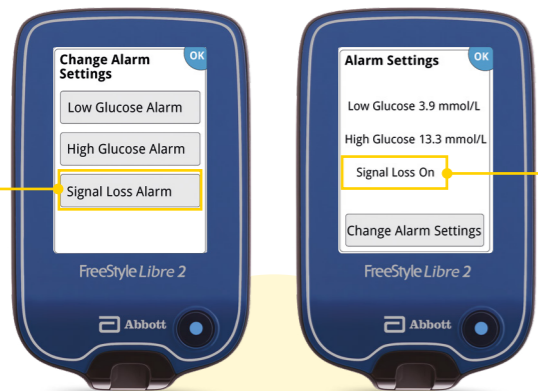
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¹ 3.9 mmol/L is the default Low Glucose Alarm level and can be set between 3.3–5.6 mmol/L. 13.3 mmol/L is the default High Glucose Alarm level and can be set between 6.7–22.2 mmol/L.

IT'S EASY TO SET GLUCOSE ALARMS ON YOUR LIBRE 2 READER

How to set glucose alarms on your reader.

6



You can then see your **Current Alarm Settings.**

7



Finally, you can adjust **Sound & Vibration under Settings.**

Note:
The first time a glucose alarm is set, the signal loss alarm is automatically turned on.

This notifies you when the sensor is not communicating with the reader for 20 minutes and that you are not receiving low or high glucose alarms.

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REPORTS

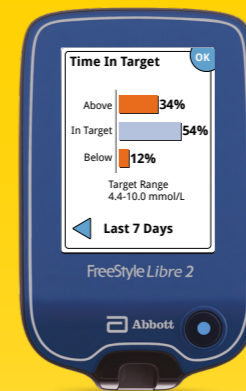
The Libre 2 reader uncovers trends and patterns to help you review your glucose history.



Daily Patterns

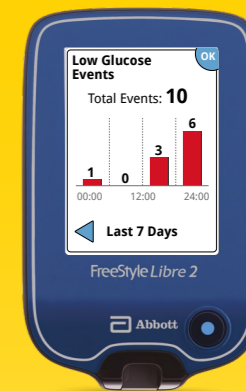
Presents a graph showing the pattern and variability of your sensor glucose over a typical day.

Note:
Needs at least 5 days of glucose data.



Time In Target

Shows a graph with the percentage of time your sensor glucose readings were above, below or within your target glucose range.



Low Glucose Events

Displays information about the number of low glucose events measured by your sensor.

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LibreView



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HOW TO UPLOAD YOUR GLUCOSE DATA TO LIBREVIEW¹

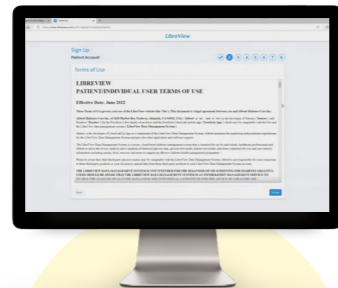
Give your healthcare team remote access to your glucose data so that they can tailor your treatment plan.

1



Sign in or set up a LibreView account by visiting www.libreview.com

2



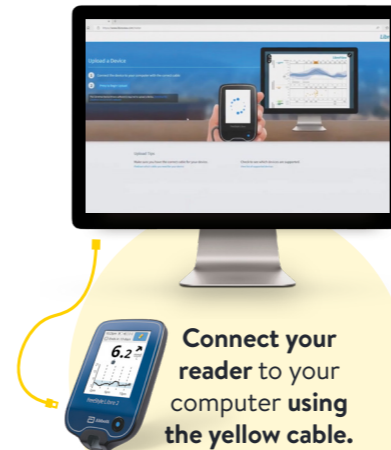
Review and accept the requested permissions.

3



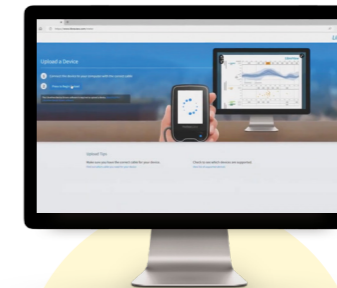
Download the LibreView Device Drivers to your computer.

4



Connect your reader to your computer using the yellow cable.

5

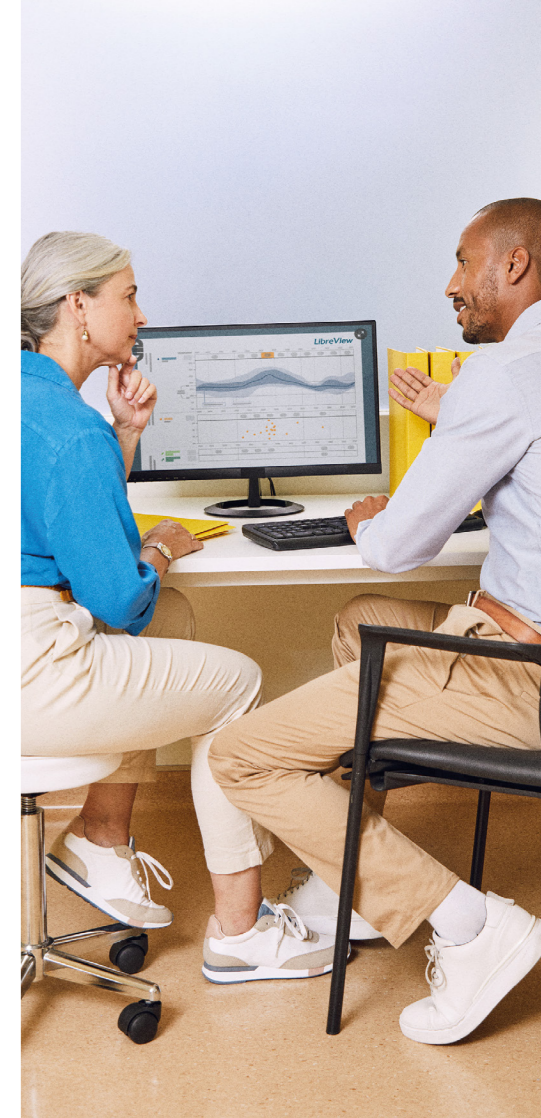


On your computer, click on the "Press to Begin Upload" button on the Upload Device screen.

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FreeStyle Libre 2



CUSTOMER SERVICE

We're here for any questions or queries about your Libre 2 system.

Call our Customer Careline on:

0800 170 1177

Monday to Friday 8:00am–8:00pm
Saturday, Sunday and bank holidays
9:00am–5:00pm

Or email us at:
adchelpuk@abbott.com



Explore **MyFreeStyle** for helpful resources, insights, education, tips and more. Scan this QR code to access the MyFreeStyle portal.



For sensor fall-off or error messages, scan this QR code to access our online support form.

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