FreeStyle Libre 2 PLUS

Help your sensor stay put.



Getting the most out of your wear time is as easy as 1, 2, 3:

1. Wash

Use non-moisturising, fragrance-free soap to wash the application site and remove any oils.

If present, shave any hair on your back upper arm (the approved application site) to help the adhesive stick.

2. Prep

After washing, use an alcohol wipe to disinfect the site.

Don't apply body lotions or creams until the sensor is in place.

3. Dry

Allow the skin to dry fully, which maximises stickiness.

This may require a little time, depending on the temperature and humidity of your environment.

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Images are for illustrative purposes only. Not actual patient.

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Tips to keep your sensor secure.



Easy does it

Watch out for everyday obstacles like doorways, car doors, seat belts, and furniture edges.

Dress for success

Choose loose clothing and take your time getting dressed so your sensor doesn't get caught or pulled.

Pat dry

Always pat dry after showering or swimming[1] to avoid snagging the sensor on a towel.

Hands off

Resist the urge to play with your sensor and keep it away from curious hands, young and old alike.

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1. Sensor is water-resistant in up to 1 metre (3 feet) of water. Do not immerse longer than 30 minutes.

FreeStyle Libre 2 Plus sensor is part of the FreeStyle Libre 2 system.

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