

# Know Your Glucose with a Quick Glance\*, No Fingersticks† Needed

Here's how to start the conversation with your healthcare provider.

## Understand Your Challenges

Do you have any of these common challenges?

- I'm not on track with my A1c goal.
- I don't always recognize when I have low glucose.
- I don't check my glucose enough.
- It's difficult to make treatment decisions to stay in range.
- It's hard to see how what I eat affects my glucose levels.



## Discuss Them With Your Healthcare Provider

The FreeStyle Libre systems can help with some of these challenges.

- Lowering your A1c levels<sup>†§1,2</sup>
- Reducing time in Hypoglycemia<sup>†§3,4</sup>
- Spending more time in range<sup>†§3,5</sup>
- Making informed food choices
- Sharing data with your doctor<sup>||</sup>

## Questions?

Visit [FreeStyleLibre.us](https://www.FreeStyleLibre.us). Contact our Customer Care Team for product support at 1-855-632-8658. The team is available 7 days a week from 8 AM to 8 PM Eastern Time, excluding holidays.

FreeStyle Libre 

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\*60-minute warm-up required when starting the sensor. †Fingersticks are required if your glucose alarms and readings do not match symptoms or when you see Check Blood Glucose symbol during the first twelve hours. ‡Data from this study was collected with the outside US version of FreeStyle Libre 14 day system. FreeStyle Libre 2 has the same features as FreeStyle Libre 14 day system with optional, real-time glucose alarms. Therefore, the study data is applicable to both products. §Data from this study was collected with the outside US version of the FreeStyle Libre 14 day system. FreeStyle Libre 3 has the same features as FreeStyle Libre 14 day system with real-time glucose alarms. Therefore the study data is applicable to both products. ||The user's device must have internet connectivity for glucose data to automatically upload to LibreView and to transfer to connected LibreLinkUp app users.

References: 1. Evans, M. Diabetes Therapy (2020): <https://doi.org/10.1007/s13300-019-00720-0>. 2. Kroeger, J. Diabetes Therapy (2020): <https://doi.org/10.1007/s13300-019-00741-9>. 3. Bolinder, J. The Lancet (2016): [https://doi.org/10.1016/S0140-6736\(16\)31535-5](https://doi.org/10.1016/S0140-6736(16)31535-5). 4. Haak, T. Diabetes Therapy (2017): <https://doi.org/10.1007/s13300-016-0223-6>. 5. Campbell, F. Pediatric Diabetes (2018): <https://doi.org/10.1111/ pedi.12735>.

### Important Safety Information

**FreeStyle Libre 2 and FreeStyle Libre 3 systems:** Failure to use FreeStyle Libre 2 or FreeStyle Libre 3 systems as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose alarms and readings do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.FreeStyle.abbott/us-en/safety-information.html> for safety info.

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