TC	Audio Transcript	Visual Description
00:00-00:06	This video will show you how to use alarms on your mobile phone with the FreeStyle Libre 2 app	On-screen titles "FreeStyle Libre 2 Flash Glucose Monitoring System: Using Alarms with the Freestyle Libre 2 App" Footnote reads: The FreeStyle Libre 2 app and the FreeStyle Libre 2 reader have similar but not identical features. Finger pricks are required if readings do not match symptoms or expectations. The FreeStyle Libre 2 sensor communicates with the FreeStyle Libre 2 reader that started it or the FreeStyle Libre 2 app that started it. The FreeStyle Libre 2 app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle Libre 2 requires registration with LibreView."
00:06-00:17	*(Inspiring Music)* I was excited to learn that my FreeStyle Libre 2 system gives me the option of using glucose alarms to let me know when my glucose is high or low,	On-screen title footnote reads "Actor portrayal. The case scenario provided is intended for educational purposes only. Individual symptoms, situations and circumstances may vary. Please consult with your physician or qualified healthcare provider regarding your condition and appropriate medical treatment." Visual image of a man in his mid 30's washing his hands in the morning and beginning the morning routine laying out clothes on bed.

00:17-00:22	Using the alarms can be a helpful way to better manage my diabetes.	Visual image of mid 30's man during morning routine, pulling out clothes from dresser drawer. LibreLink is visible on arm,
00:22-00:35	The FreeStyle Libra 2 app can automatically alarm you with a notification along with a sound or vibration when your glucose has gone above or below the level you set	On-screen title "Alarm Notification: Sound, Vibration. Visual image of iPhone dashboard with apps visible. The apps visible include core Apple apps and the Libre2 App. Footnote reads: "The FreeStyle Libre 2 system has optional glucose alarms. Alarms need to be turned on in order to receive low and high glucose alarms. The Low Glucose Alarm setting can range between 3.3 mmol/L to 5.6 mmol/L. The Low Glucose Alarm cannot be set below 3.3 mmol/L. The High Glucose Alarm setting can range between 6.7 mmol/L and 22.2 mmol/L. The High Glucose Alarm cannot be set above 22.2 mmol/L."
00:35-00:44	To get glucose alarms on your phone with the FreeStyle Libre 2 app, you will first need to start your freestyle Libra 2 sensor with your phone.	Visual of mid 30's man starting the Libre2 App on his phone. Close up of phone in hand showing FreeStyle Libre 2 App with visualization for 24 hour glucose level chart. Footnote reads: The FreeStyle Libre 2 app and the FreeStyle Libre 2 reader have similar but not identical features. Finger pricks are required if readings do not match symptoms or expectations. The FreeStyle Libre 2 sensor communicates with the FreeStyle Libre 2 reader that started it or the FreeStyle Libre 2 app that started it. The FreeStyle Libre 2 app is only compatible with certain mobile devices and

		operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle Libre 2 requires registration with LibreView. To get glucose alarms on your phone with the FreeStyle Libre 2 app, you will first need to start your Freestyle Libre 2 sensor with your phone. If you don't start your FreeStyle Libre 2 sensor with your phone, you will not get glucose alarms on your phone.
00:44-00:49	Be sure to turn on Bluetooth before starting a new FreeStyle Libra 2 sensor.	Visual of mid 30's man using the Libre2 App on his phone. Close up of phone in hand showing FreeStyle Libre 2 App. Bluetooth icon on the phone grows in size to visualize the feature.
00:49-00:1:00	When your phone and your sensor are within six meters unobstructed, they will automatically communicate to give you low and high glucose alarms if you have turned alarms on	Visual image of mid 30's man using Libre 2 App from side profile. Visual transitions to close up of hand holding iPhone. The screen shows the Libre 2 User Menu with Alarm tab presenting a red icon indicating an alarm is available.
01:00-01:15	Setting up the alarms in the FreeStyle Libre 2 app is easy. After opening the app on your phone, tap alarms in the menu.	Visual image, closeup of man tapping alarm tab on Libre2 App dashboard. Visual transitions to alarms tab within the app. Words appear on App screen "Learn how to receive glucose alarms with a FreeStyle Libre 2 Sensor". Visual transitions through the different steps of setting up glucose alarms on the app. Subject sets up alarms successfully.

01:15-01:38	There are three alarms, low glucose, high glucose and signal loss. These will be automatically set to on when you first open the app. Whenever the low or high glucose alarms are turned on, check to ensure your signal loss alarm is also turned on. The signal loss alarm lets you know, when your sensor is not communicating with your phone	Visual image of Libre 2 App Alarm page, with three section, Low Glucose Alarm; High Glucose Alarm; Signal Loss Alarm. Keyline appears around each category as it is mentioned by narrator. Beside each section there is a visual "On" indicator. Footnote reads: "The signal loss alarm will notify you when the glucose alarms you set are not available because your sensor has not communicated with the reader for 20 minutes. Your reader and sensor need to be within 6 meters, unobstructed, in order to communicate automatically to give you low and high glucose alarms"
01:38-00:01:44	On the alarm screen, touch low glucose alarm, which takes you to the next screen.	Visual image of man touching the app section titled Low Glucose Alarm and the app transitions to the Low Glucose Alarm window. Footnote reads: "Work with your healthcare professional to determine your alarm settings. The Low Glucose Alarm setting can range between 3.3 mmol/L to 5.6 mmol/L. The Low Glucose Alarm cannot be set below 3.3 mmol/L. The High Glucose Alarm setting can range between 6.7 mmol/L and 22.2 mmol/L. The High Glucose Alarm cannot be set above 22.2 mmol/L."
01:44-1:58	Next we'll set the low glucose alarm level, touch the arrow to get to the next screen. Then scroll up or down to select a low glucose value. My doctor and I have chosen 3.9 millimoles per liter.	Visual image of app with Low Glucose Alarm window open. Man taps section for Alarm : When Glucose Goes Below. Aoo transitions to Low Glucose Alarm window. Man scrolls through different options for

		alarm settings, selecting 3.9 mmol/L
1:58-2:18	Once you've chosen your glucose level, save it. This will take you back to the screen where you can set your alarm tone. Press the arrow, to see your tone choices and choose the one you prefer and then hit save. Keep in mind the sound level on your alarms will follow the volume and vibration settings for your phone.	Man clicks save. This selection transitions the app to the next window " Low Glucose Alarm". Screen shows options for glucose alarm, including Alarm Tone. Keyline appears around the Word "Standard" beside "Alarm Tone"
2:18-2:21	You can also set up your high glucose alarm using the same steps.	Visual of mid 30's man beginning workout on treadmill.
2:21-2:29	Make sure you have the FreeStyle Libra 2 app running in the background. Otherwise you won't receive glucose alarms	Visual of mid 30's man putting phone on the treadmill.
2:29:2:33	(App Alarm)	Visual of phone on treadmill presenting a notification. Notification reads :Low Glucose Alarm: Dismiss Alarm and Check Glucose"
2:33- 2:47	When the alarm presents a notification on your phone, just swipe to open the notification and then scan the sensor with your phone to see your current glucose, reading	On screen titles:" Alarm. Scan. Act." Visual of man stepping off treadmill. Man swipes phone notification to open app and scanning his LibreLink with his phone to get reading. App shows Warning, with Titles: "Glucose Going Low, 3.8"

2:47-2:58	Your glucose data automatically uploads from your phone into Libre view, making it easy to share your data with your diabetes management team.	Visual of mid 30's man working on computer at desk in business attire. Man finishes work and closes the laptop. Libre View Logo visible on screen. Footnote reads: "Use of FreeStyle Libre 2 app requires registration with LibreView. Automatic upload requires a wireless internet connection or mobile data connection. The LibreView website is only compatible with certain operating systems and browsers. Please check www.libreview.com for additional information. "
2:58-3:06	Turning the alarms on is an optional feature. Personally, I find them to be valuable in helping me manage my diabetes.	Visual image of mid 30's man standing up from desk, grabbing phone before he goes.
3:06-3:13	(Inspiring Music)	On-screen titles "FreeStyle Libre 2 Flash Glucose Monitoring System: Download the FreeStyle Libre 2 App Today" Visual image of iPhone with app visualization and FreeStyle LibreLink beside iPhone. Footnote reads "The FreeStyle LibreLink app and the FreeStyle Libre reader have similar but not identical features. A finger prick test using a blood glucose meter is required during times of rapidly changing glucose levels when interstitial fluid glucose levels may not accurately reflect blood glucose levels or if hypoglycemia or impending hypoglycemia is reported by the FreeStyle LibreLink app or when symptoms do not match the app readings. The FreeStyle Libre

		sensor communicates with the FreeStyle Libre reader that started it or the FreeStyle LibreLink app that started it. A sensor started by the FreeStyle Libre reader will also communicate with the FreeStyle LibreLink app. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink requires registration with LibreView."
3:13-3:17	(Inspiring Music Outro)	On-screen text "The FreeStyle Libre 2 flash glucose monitoring system is indicated for measuring interstitial fluid glucose levels in people aged 4 years and older with diabetes mellitus. Always read and follow the label/insert. @2021 Abbot, FreeStyle, Libre, and related brand marks are marks of abbott. Product images are for illustrative purposes only.
3:17-3:19	(Outro Jingle)	On-screen brand logo with tagline "Life. To the Fullest. Abbot"