

TC	Audio Transcript	Visual Description
00:00	Real people with diabetes. Real FreeStyle Libre stories.	On-screen titles "Real people with diabetes. Real FreeStyle Libre stories.", "The FreeStyle Libre flash glucose monitoring system is indicated for measuring interstitial fluid glucose levels in adults aged 18 years and older with diabetes mellitus. Always read and follow the label/insert. Michel walks by a hockey pitch. FreeStyle Libre Flash Glucose Monitoring System logo.
00:01	Hockey is really a passion for me.	Michel continues to walk.
00:04	When I was young, I followed hockey with my parents. It was really important for the whole family.	On-screen titles "The views expressed are not intended to be used for medical treatment or as a substitute for professional medical advice. Please consult with your physician or qualified health provider regarding your condition and appropriate medical treatment. Individual symptoms, situations and circumstances may vary" Michel puts his kit bag down and prepares to play hockey.
00:10	My dad has season tickets as well, but my dad never went.	Michel puts on his hockey boots.
00:14	I was always the lucky one that went with my brother to the Forum to see the Canadiens.	Michel puts his hockey helmet on his head. The hockey game starts with Michel playing.
00:18	Deck hockey is a second family for me; it's playing with pals, family, friends.	Michel watches a hockey game from the viewing stand.
00:24	Hanging out with them... it's actually the most fun before and after the game, just talking together. And when the game is on, competition kicks in a little ... It's really the sport that inspires me, and it really helps me with my health.	Michel hits the hockey ball with his hockey stick during the game. Michel takes a break and stands at the side of the pitch then rejoins the game. Michel cheers when his team scores.
00:40	I've known for 7 or 8 years that I have type 2 diabetes.	Michel continues to play hockey.
00:45	In the past, I used lancets and a needle to	On-screen titles "A finger prick test

	prick the tip of my finger, which was really (laugh)... which was not pleasant.	using a blood glucose meter is required during times of rapidly changing glucose levels when interstitial fluid glucose levels may not accurately reflect blood glucose levels or if hypoglycemia or impending hypoglycemia is reported by the system or when symptoms do not match the system readings.” Michel stands on the viewing platform
00:54	The FreeStyle Libre system has really changed my life.	Michel uses the FreeStyle Libre app on his mobile phone. He takes the mobile phone to his arm and takes a glucose reading on the sensor.
00:57	I was maybe fearful of doing sports and everything...	Michel stands on the viewing platform.
01:01	The FreeStyle Libre system really helps me in all the activities I do — whether it be at sports work or home — to take my sugar level regularly. I'd say 15 to 20 times a day. It's so not complicated (laugh).	Michel looks at the glucose reading on his phone which is 7.9. Michel returns to the hockey game.
01:14	With the sensor, wherever I am, it takes three seconds, and the result is on my cell phone.	On-screen titles “The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app.” Michel looks happy and celebrates the hockey game.
01:20	I don't have to carry lots, carry lots of things, and it's given me freedom...It's kind of motivated me to want to take better care of myself and my diabetes is much more under control.	Michel takes another glucose reading which is 8.3. We see an overhead view of Michel's hometown seeing streets and cars from above.
01:31	I work in aeronautics and I work nights.	Michel is standing on the viewing platform by the hockey pitch.
01:33	Before, I always used to park my car close to the door. Now, I park my car pretty far - it's about 1500 steps to get to my workstation. It's really something that's that's that's ... fantastic really (laughs).	Michel is driving his car. Michel parks his car and gets out.
01:49	The FreeStyle Libre system has really helped	Michel takes his bag from the boot of

	me have a healthier life.	the car.
01:54	Thank you FreeStyle Libre system!	Michel is standing on the viewing platform by the hockey pitch.
01:57	My name is Michel and I live with diabetes.	<p>Michel is crossing a road on a pedestrian crossing.</p> <p>On-screen titles "YOU CAN DO IT WITHOUT LANCETS*", * Scanning the sensor does not require lancets., Copyright 2021 Abbott. FreeStyle, Libre, and related brand marks are marks of Abbott. Product images are for illustrative purposes only. Other trademarks are the property of their respective owners. ADC-32499.", "Talk to your healthcare professional."</p> <p>Visuals FreeStyle Libre Flash Glucose Monitoring System logo with butterfly, FreeStyle sensor logo, Google Play Store logo, Apple App Store logo. Abbott life. to the fullest logo. Mobile phone with FreeStyle App, FreeStyle sensor.</p>