FreeStyle Libre 3 PLUS

112 ↗ mg/dL
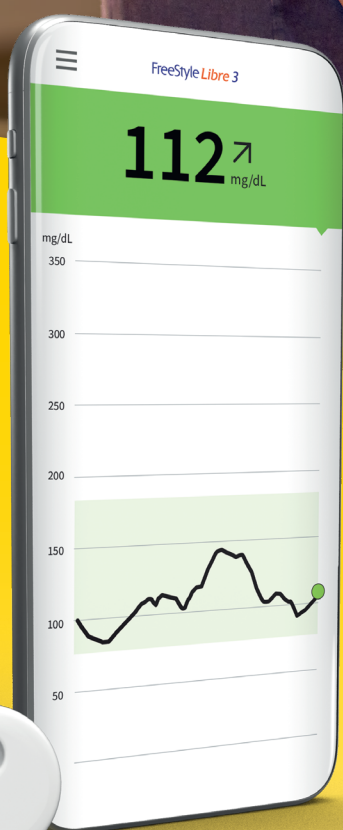
USER GUIDE & PRACTICAL ADVICE

FreeStyle Libre 3 Plus

Your diabetes is easily monitored with glucose readings updated every minute.

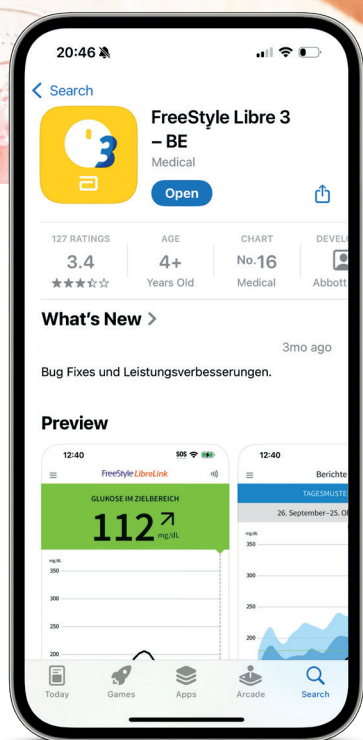**This is progress.**

Abbott

The FreeStyle Libre 3 Plus system

A glucose monitoring system **that is easy to apply, use** and **replace**. Your glucose level, **anywhere[1], anytime[2]**.

1. Sensor is water-resistant in up to 1 meter of water. Do not immerse longer than 30 minutes. Not to be used above 3048 meters.
2. 60-minute warm-up required when applying the sensor.

Scan with your smartphone to download the FreeStyle Libre 3 app before you start[3].

Remember to update your apps so you don't miss the specific features and improvements of our products.

Select the app for your country: **BE for Belgian users and LU for Luxembourg users.**

Is my phone compatible with the FreeStyle Libre 3 app?
I carry out the test by scanning the QR code with my phone.

3. The FreeStyle Libre system apps are only compatible with certain mobile devices and operating systems. Please check myFreeStyle.be (in Belgium) or myFreeStyle.lu (in Luxemburg) for more information about device compatibility before using the app. Use of de FreeStyle Libre system apps may require registration with LibreView.

Discover the FreeStyle Libre 3 Plus

An easy, practical continuous glucose monitoring device.

The FreeStyle Libre 3 Plus sensor and applicator

- **Automatically measures your glucose level**, every minute, day and night.

- Designed to remain on the back of the upper arm for a maximum of **15 days**.

- **Does not require fingertip blood glucose testing.**[1,2]

- An **all-in-one** applicator.

- From **2 years** of age.

Connectivity Hybrid closed-loop

- Using the FreeStyle Libre 3 Plus sensor with the **mylife™ YpsoPump®**[3].

- Automated insulin delivery system compatible with FreeStyle Libre 3 Plus.

- **In this case, do not activate your sensor with the FreeStyle Libre 3 app: contact your healthcare professional or visit the Ypsomed website.**
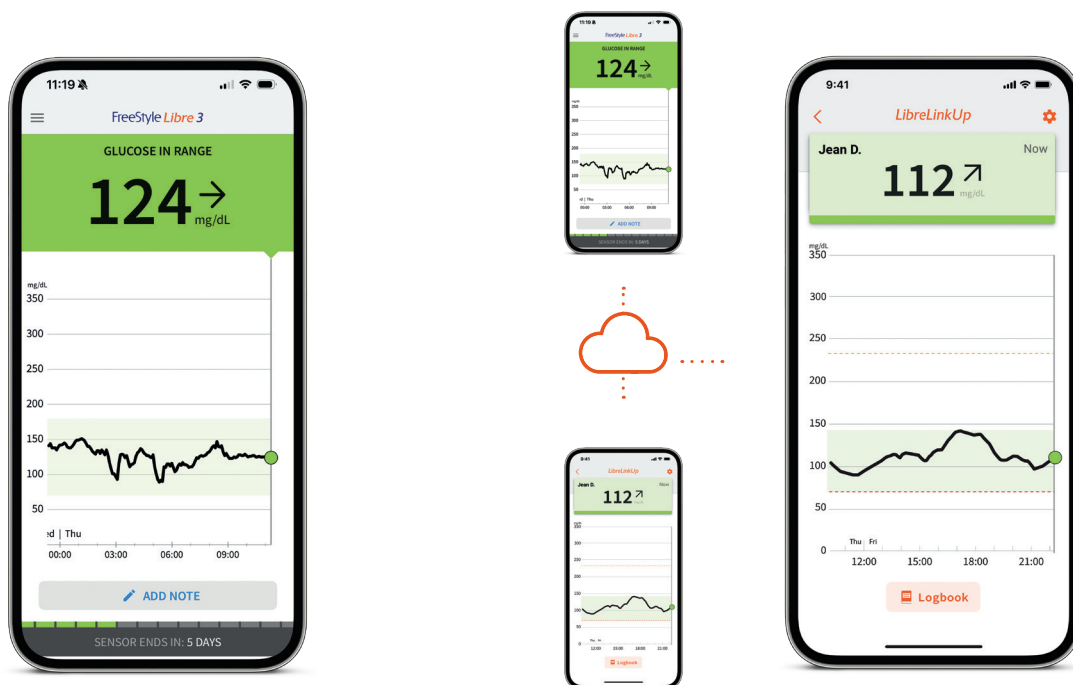
The FreeStyle Libre 3 app[4]

- **Your glucose level at a glance, without scanning.**

- **Add notes:** carbohydrates ingested, insulin administered, physical exercise, medications, etc.

- **Easily share** your glucose data with friends and/or your healthcare team.

The LibreLinkUp app[5]

- Designed for parents and caregivers.

- Stay informed about a relative's glucose values and trends.

- Your relative may receive notifications when your glucose is too high or too low.

Download the apps on your smartphone.

GET IT ON
Google Play

Download on the
App Store

5. The LibreLinkUp app is only compatible with certain mobile devices and operating systems. Please check www.LibreLinkUp.com for more information about device compatibility before using the app. Use of LibreLinkUp requires registration with LibreView. The LibreLinkUp mobile app is not intended to be a primary glucose monitor: home users must consult their primary device(s) and consult a healthcare professional before making any medical interpretation and therapy adjustments from the information provided by the app.

Get Started with FreeStyle Libre 3 Plus

① Prepare your skin

WASH

Only use a non-moisturizing, fragrance-free soap to wash the sensor application area and then dry it.

CLEAN

Use a cotton pad soaked with alcohol or ether (not hydroalcoholic gel) to remove any oily residue.

DRY

Allow your skin to dry completely before applying the sensor. This is especially important if you plan to apply the sensor after a shower or swimming session[1].

> 💡 **Ensure that you select an approved application area on the back of the upper arm.**

> 💡 **Advice for all skin types**
>
> **Hairs** may interfere with sensor adhesion.
>
> **Shave** the application site before applying your sensor if necessary.
>
> **Avoid moisturizing products,** creams and lotions, in the application area. These could leave an **oily residue.**
>
> **Wash, remove grease from and dry** the application site before applying your sensor.

2 Open the applicator

Open the applicator

Unscrew the applicator cap, set the cap aside and place the applicator at the level on the previously prepared area.

⚠️ **After unscrewing the cap of the sensor applicator, DO NOT rescrew the cap under any circumstances. This could damage the sensor.**

Apply the sensor

Apply the sensor to the back of the upper arm by pressing firmly. You will hear a click. Gently remove the applicator, making sure that the sensor remains affixed to the skin. Smooth the edge to increase adhesion[2].

1. Sensor is water-resistant in up to 1 meter of water. Do not immerse longer than 30 minutes. **2.** Rebrin K, Sheppard NF Jr, Steil, GM. Use of subcutaneous interstitial fluid glucose to estimate blood glucose: Revisiting delay and sensor offset. J Diabetes Sci Technol. 2010;4(5): 1087-1098. https://doi.org/10.1177/193229681000400507.

Get Started with FreeStyle Libre 3 Plus
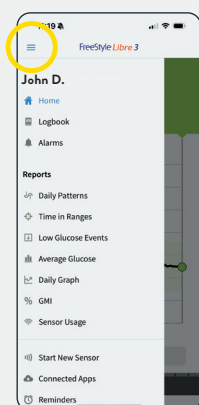
3 **Activate the sensor**

1 Open the FreeStyle Libre 3 app

If you are using the FreeStyle Libre 3 app for the first time: open it and follow the different registration steps.

2

In the app's main menu (☰), click Start a new sensor.

3

Use the scan function of your smartphone to scan your sensor.

For iOS smartphones:

Scan the sensor with the **TOP PART** of your smartphone**.**

For Android smartphones:

Scan the sensor with the BACK of your smartphone. **You may need to enable NFC[1] in your smartphone settings.**

Bring your smartphone to within 4 cm of the sensor.

If sounds and vibrations are turned on, the smartphone will beep and/or vibrate when the sensor has been detected.

4

Sensor ready at:

14:37

(**60** mins remaining)

The sensor may be used to check your glucose after 60 minutes. **You will see a countdown appear.**

⚠️ **Every smartphone model is different. Move your smartphone slowly if necessary to determine the location of the NFC[1] receiver.**

💡 **Remember to adjust and activate the new sensor before bedtime to allow your body to get used to the sensor while you sleep.**

1. NFC: Near Field Communications. The smartphone must have Bluetooth® and NFC capabilities. These must be activated and the application must be run in the background.

Understand sensor-based glucose monitoring

Difference between conventional self-monitoring of blood glucose and the FreeStyle Libre system.

Blood capillary

Glucose

(**.**)
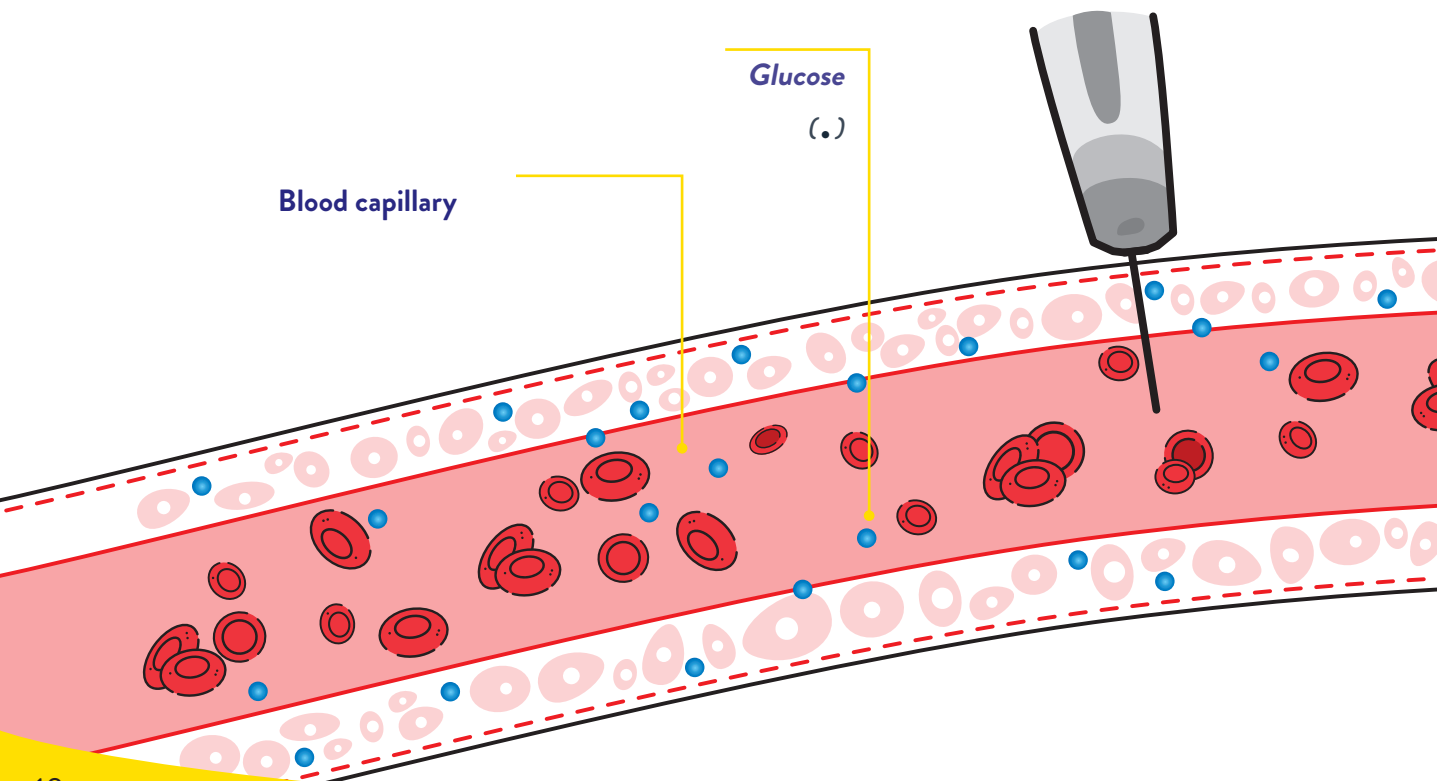
It is quite normal for your glucose level to be different in some situations, because it takes a little longer for glucose to penetrate the interstitial fluid than the blood. Glucose first enters the bloodstream before being absorbed by the interstitial fluid.
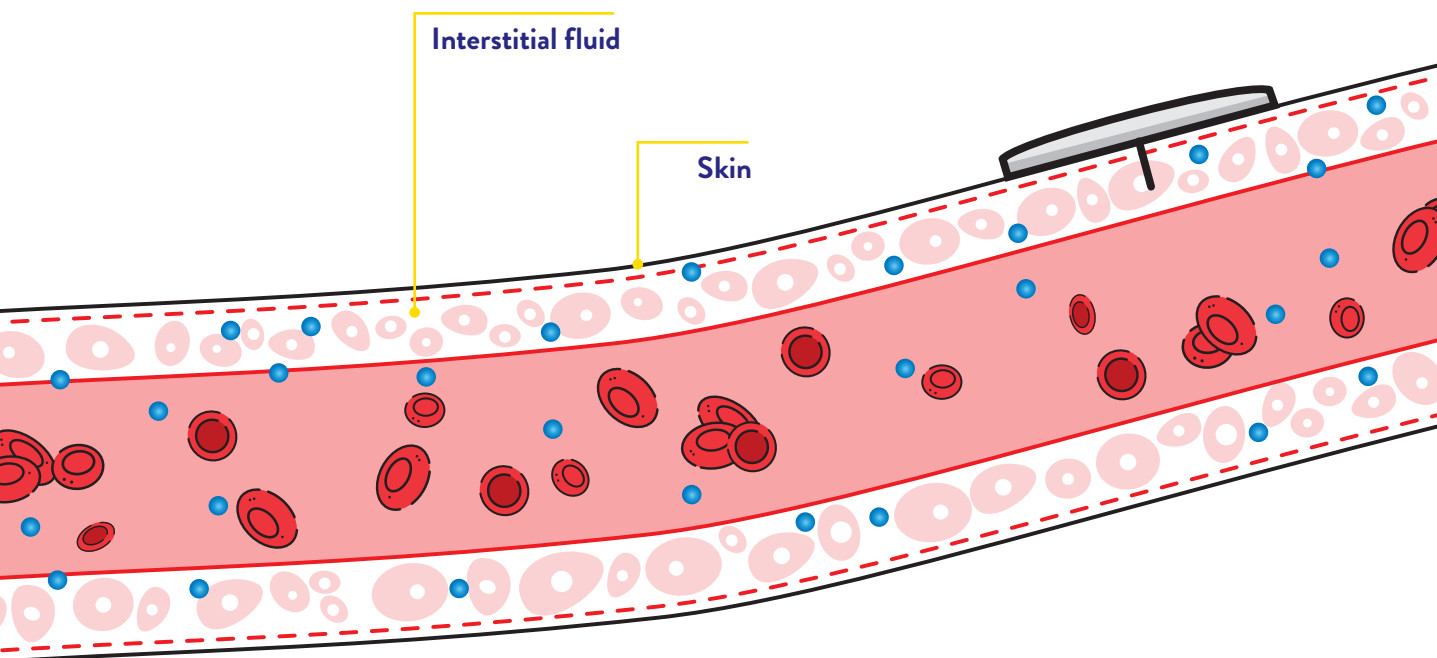
Traditional self-monitoring of blood glucose.
Standard blood glucose provides information about your blood glucose level.

The FreeStyle Libre system
It measures the level of glucose in the interstitial fluid (the fluid between the cells under the skin) and not in the blood. There is often a difference between these two levels.

Interstitial fluid

Skin

⚠ **Finger pricks are required if glucose readings and alarms do not match symptoms or expectations.**

Understand sensor-based glucose monitoring

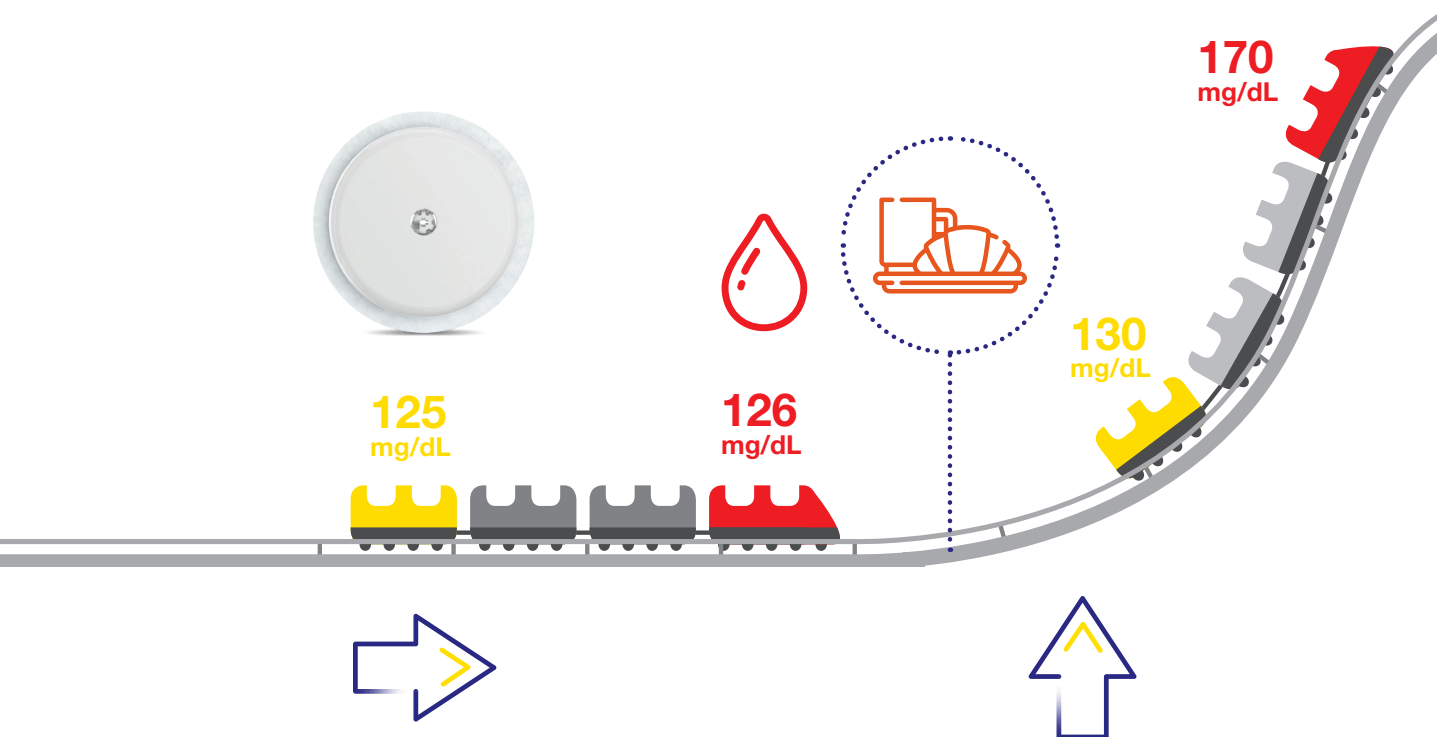Difference between conventional self-monitoring of blood glucose and the FreeStyle Libre system.

- Blood glucose
- Sensor glucose = Interstitial fluid glucose
- Glucose Level

125 mg/dL
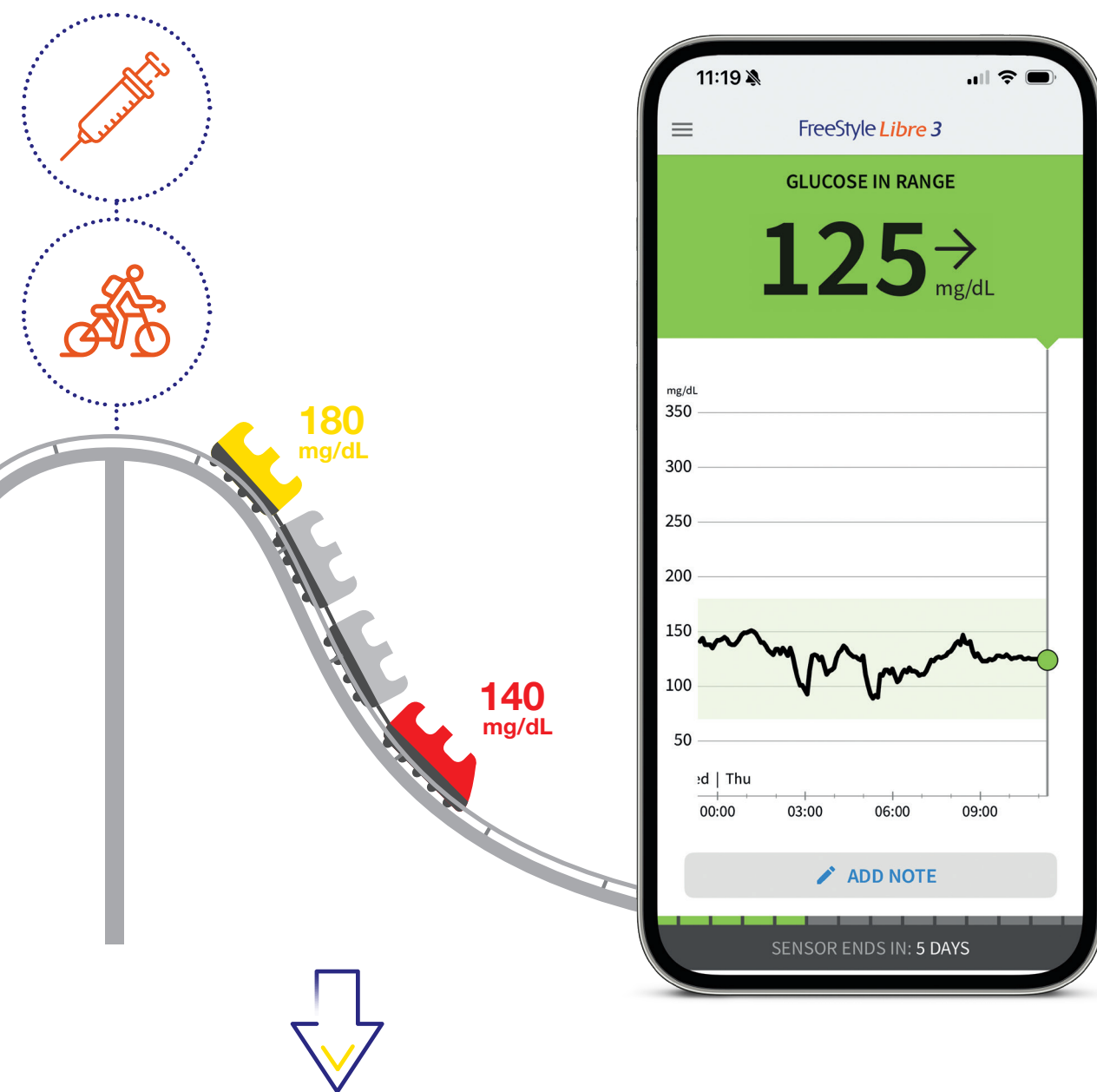
126 mg/dL

170 mg/dL

130 mg/dL

Stable glucose levels.

When there are few fluctuations in glucose levels, blood glucose measurements and sensor glucose levels have very close, although rarely similar, levels.

When there is a rapid increase in the sugar level,

the sensor glucose level may be lower than the blood glucose.

180
mg/dL

140
mg/dL

11:19

FreeStyle *Libre 3*

GLUCOSE IN RANGE

125→
mg/dL

mg/dL
350

300

250

200

150

100

50

:d | Thu

00:00   03:00   06:00   09:00

✏ ADD NOTE

SENSOR ENDS IN: 5 DAYS

When there is a rapid decrease in the glucose level,

the sensor glucose level may be higher than the
blood glucose.

💡 **The glucose level in the interstitial fluid reflects the glucose level in the blood
with a time lag of about 10 minutes[1].**

1. Reference : Rebrin K. (2010) J Diabetes Sci Technol. www.doi.org/10.1177/193229681000400507

Let's Talk Diabetes

Your podcast about diabetes

www.letstalkdiabetes.be

Produced with the support of:

ASSOCIATION DU DIABETE
DIABÉTIQUES & SOIGNANTS PARTENAIRES

Hippo & Friends

diabetes liga

Discover on:

Spotify

Apple Podcast

YouTube

An initiative of:

Abbott

A change in glucose level, whether it is an increase or a decrease, will therefore always be visible first via blood glucose because it always precedes the interstitial fluid glucose level.

There will be a greater difference between measurements : after eating and after an insulin injection

See the explanatory video to understand the difference between blood glucose and interstitial fluid glucose on myFreeStyle.be or myFreeStyle.lu.
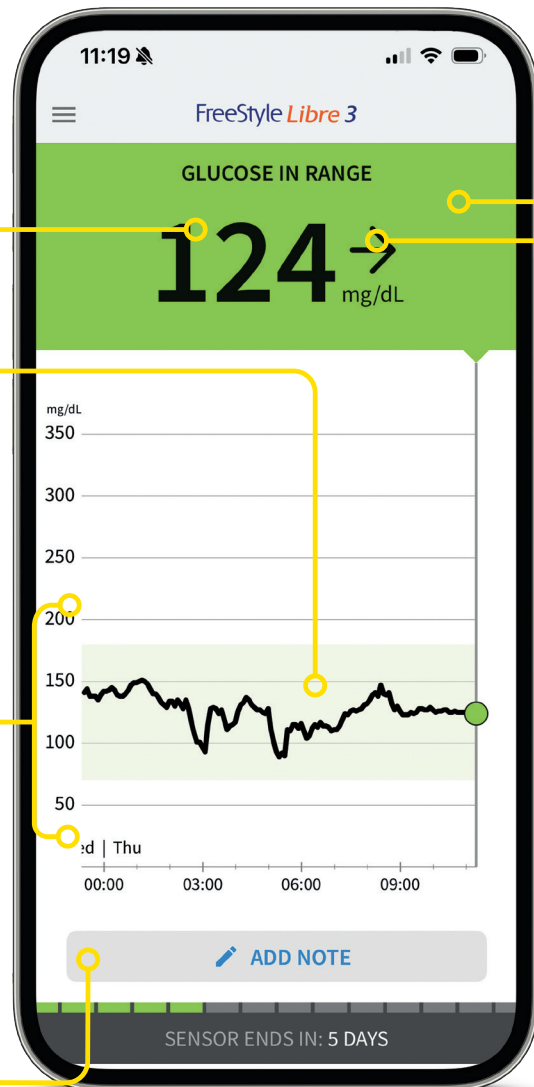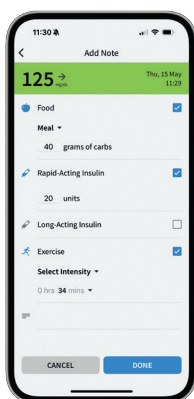
Use FreeStyle Libre 3 Plus

Using the FreeStyle Libre 3 app[1,2],
I can analyze the following at a glance:

My current glucose level

My glucose level history for the last 12 hours

The target glucose range

is set by default to 70-180 mg/dL and can be customized.

Add comments to your results

Based on your results, you can specify the context of your glucose levels to obtain more detailed reports. For example : carbohydrates ingested, rapid or long-acting insulin administered, physical activity, medications, etc.

A color code[2] that indicates your glucose level:

GREEN

Your glucose level is
within the set target range.

YELLOW

Your glucose is
outside the set target range
but between 70 mg/dL and 240 mg/dL.

ORANGE

Your glucose level is
very high.
(> 240 mg/dL).

RED

Your glucose level is
low.
(< 70 mg/dL).

The trend arrow that shows how my glucose level is changing

Trend arrow	Meaning
↑	Your glucose **is rising rapidly** > 2 mg/dL per minute
↗	Your glucose **is rising** from 1 to 2 mg/dL per minute
→	Your glucose **is changing slowly** < 1 mg/dL per minute
↘	Your glucose **is dropping** from 1 to 2 mg/dL per minute
↓	Your glucose **is dropping rapidly** > 2 mg/dL per minute

1. The FreeStyle Libre system apps are only compatible with certain mobile devices and operating systems. Please check myFreeStyle.be (in Belgium) or myFreeStyle.lu (in Luxemburg) for more information about device compatibility before using the app. Use of de FreeStyle Libre system apps may require registration with LibreView. **2.** Color codes are only available on FreeStyle Libre apps.

Living with the FreeStyle Libre system

FreeStyle Libre – more than just sparing your fingertips!

What are the benefits?

The smallest, thinnest and most discreet sensor in the world[1].

Practical
Your glucose level at a glance.

Real-time glucose measurements
Update every minute.

Peace of mind
Easy observation of hypers and hypos, even at night.

Simple and discreet to wear
Thinner than 2 stacked 5 cents piece.

Monitor your hyperglycemia and hypoglycemia with optional glucose alarms
Alarms must be enabled to receive hyper- and hypo-glycemia alarms.

Waterproof[2]
For 30 minutes and up to a depth of one meter.

Clinically proven
to lower HbA1c[3], increase the time in the target range[4] and reduce the number of hypoglycemic episodes[5], which may lead to fewer medical complications.

Taking care of your sensor
Beware of things that can cause the sensor to detach:

Wear appropriate clothing

Wear loose, light clothing. When getting dressed or undressed, make sure that your clothes do not catch on the sensor.

Dry yourself gently

After a shower or swim[2], be careful not to catch your sensor when drying yourself.

Be careful

Be careful not to catch your sensor on everyday objects such as door frames, car doors, seat belts, shoulder straps, handbag straps, etc.

Precautions for use[6]

Travel

If you plan to fly, download your medical certificate for the FreeStyle Libre system on myFreeStyle.be or .lu and have it completed by your doctor before you fly.

Do not touch

Try not to pull, touch, or play with the sensor while wearing it.

Minimize the risk of catching

If your sensor becomes loose as a result of sweating, use a skin adhesive.

Temperature

The FreeStyle Libre 3 reader should be used at a temperature between 10°C and 45°C[7]. If the sensor is too hot or too cold, you will be prompted to check your glucose a few minutes later.

Watch videos of testimonials from patients and their loved ones on myFreeStyle.be or myFreeStyle.lu.

1. Among patient-applied sensors. Data on file, Abbott Diabetes Care. **2.** Sensor is water-resistant in up to 1 meter of water. Do not immerse longer than 30 minutes. **3.** Yaron, M. Diabetes Care (2019): https://doi.org/10.2337/dc18-0166. **4.** Leelarathna, L. NEJM (2022) https://www.doi.org/10.1056/NEJMoa2205650. **5.** Haak, T. Diabetes Ther (2017): https://doi.org/10.1007/s13300-016-0223-6. **6.** Please refer to your user manual in the Support section of the myFreeStyle.be or myFreeStyle.lu website for instructions and additional information about the system..

View your reports

In FreeStyle Libre 3 app, in the main menu:
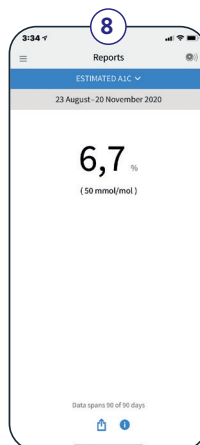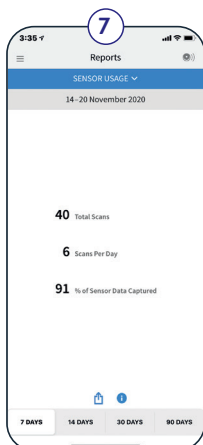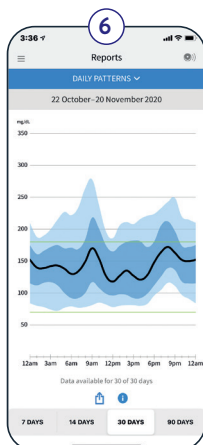
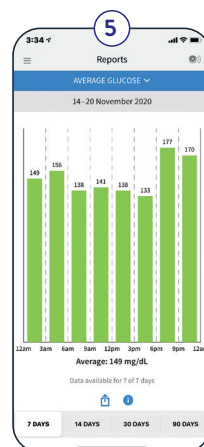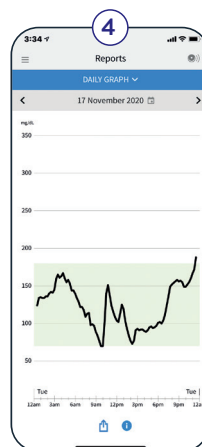## You have access to 7 mini-reports to:
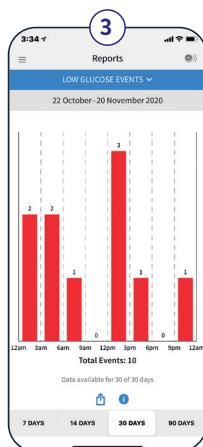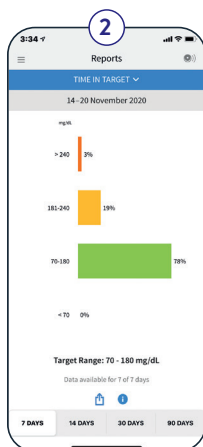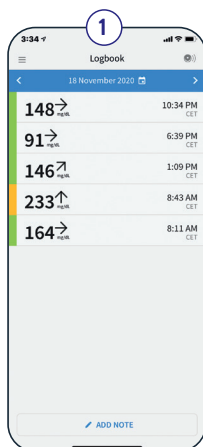
DETECT
your glucose trends
more quickly.

IDENTIFY
what to discuss with your
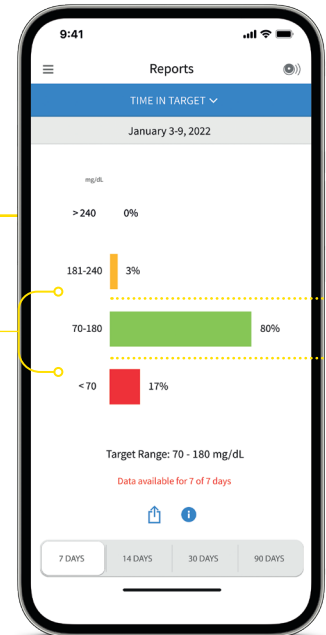healthcare professional.

FOLLOW
your progress
immediately.

1. Logbook **2.** Time in Ranges **3.** Low Glucose Events **4.** Daily Graph **5.** Average Glucose
6. Daily Patterns **7.** Sensor Usage **8.** GMI (Glucose Management Indicator)
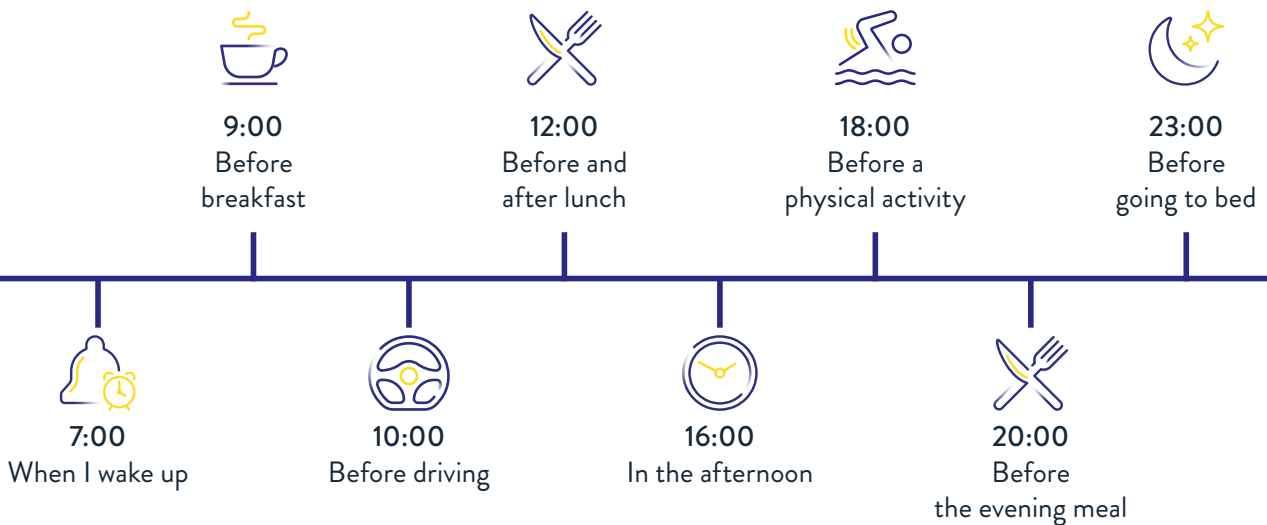
Increase time spent in your target range

Time in Range

RECOMMENDATION: more than 70% of time spent in target range

Reports

TIME IN TARGET ∨

January 3-9, 2022

mg/dL

> 240	0%
181-240	3%
70-180	80%
< 70	17%

Target Range: 70 - 180 mg/dL

Data available for 7 of 7 days

| 7 DAYS | 14 DAYS | 30 DAYS | 90 DAYS |

A typical day with FreeStyle Libre[1] - *I check my glucose level:*

9:00
Before breakfast

12:00
Before and after lunch

18:00
Before a physical activity

23:00
Before going to bed

7:00
When I wake up

10:00
Before driving

16:00
In the afternoon

20:00
Before the evening meal

It is important to check your glucose levels regularly during the day, especially during periods of variations such as meals and activities, or if you experience symptoms of hypo- or hyperglycemia.

1. This is a typical example of a day with FreeStyle Libre. Check your glucose levels as many times as agreed with your healthcare professional.

Activate optional alarms

ALARM
An alarm is triggered when your **glucose level** is **too low** or **too high** compared to the set limit values or when the **signal is lost.**

VIEW
With your FreeStyle Libre 3 app, view your glucose level on your screen and open the alarm notification to clear it.

ACT
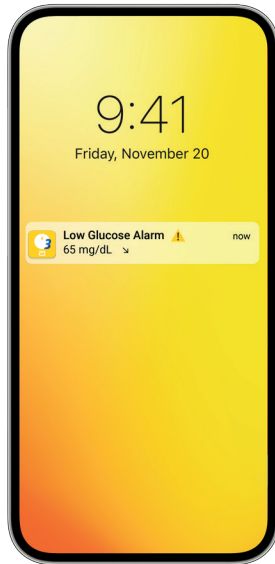Using the **information** received and the trend arrows, act as recommended by your healthcare professional.

When does the alarm sound?

When your glucose level is low

Depending on the limit you have set: **between 60 and 100 mg/dL.**
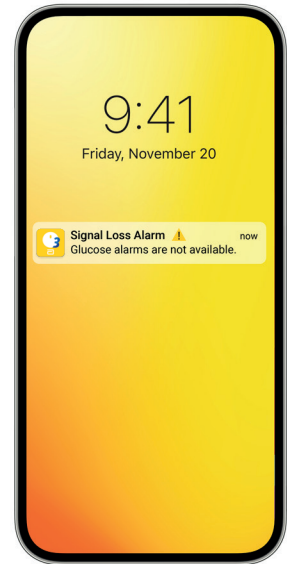

When your glucose level is high

Depending on the limit you have set: **between 120 and 400 mg/dL.**

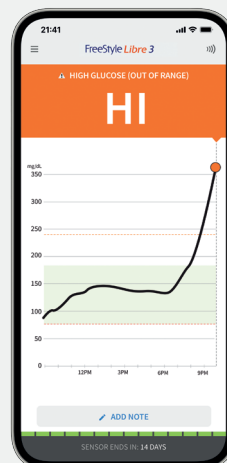### When there is a loss of signal

If your smartphone is more than **10 meters** away from your sensor for more than **20 minutes**.

⚠️ **The alarms are disabled by default.**

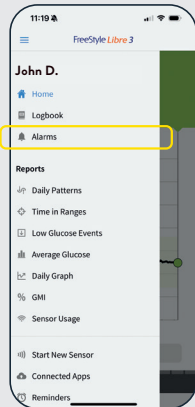**LO = < 40 mg/dL**

HI = > 500 mg/dL
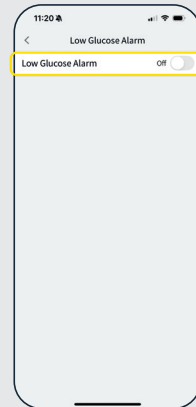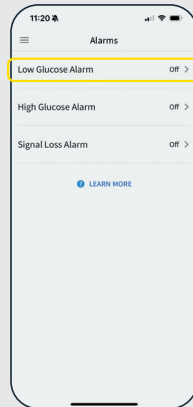
Activate optional alarms

1

Click **Alarms** in the main menu.[1]

2

Click **Low Glucose Alarm** and activate the alarm.

3

Scroll through the values to select the **low glucose** value below which **the alarm** will sound.[2]
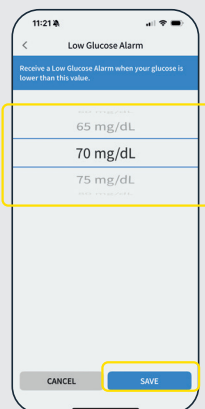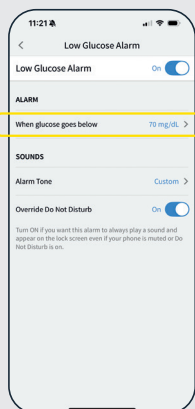
4

Turn on the Override **Do Not Disturb** Mode feature to always receive your alarms.
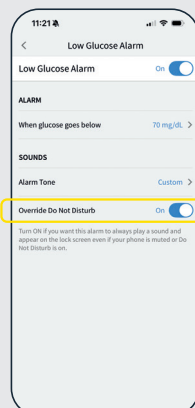
5

Activate your High Glucose Alarm by choosing **High Glucose Alarm** and repeating the same steps.[3]
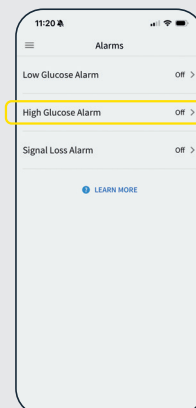
⚠️ **The signal loss alarm is automatically activated when one or more glucose alarms are activated.**

FreeStyle Libre 3 Plus & mylife™ YpsoPump®

Use the FreeStyle Libre 3 Plus continuous glucose sensor with the YpsoPump® automatic insulin delivery system for easy diabetes management.

Go to myFreeStyle.be or .lu for more info. Talk to your healthcare professional about it.

Replace the sensor after 15 days

Your FreeStyle Libre 3 application will let you know when it is time to remove and replace your sensor.

Pull the adhesive edge that attaches the sensor to your skin.

Slowly detach it in one motion.
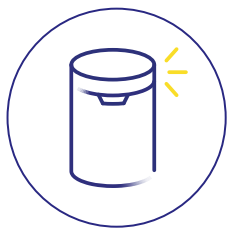
This product should be disposed of in accordance with all applicable local regulations related to the disposal of electronic equipment, batteries, sharp objects and materials potentially exposed to body fluids.

- **You can use a cotton pad soaked with baby oil (such as sweet almond oil) around the sensor to help remove it. Adhesive residues remaining on the skin may be removed with warm soapy water or isopropyl alcohol (as a solvent or ether).**
- **Moisturize your skin after removing the sensor.**

Find the demo videos to start, apply and remove
the FreeStyle Libre 2-sensor on myFreeStyle.be or .lu.

The LibreLinkUp app[1]

The LibreLinkUp app is a mobile app that enables parents and other caregivers to receive glucose readings and optional alarms[2] from a loved one using FreeStyle Libre 3 app.

3 easy steps to see and share your optional glucose readings and alarms automatically with your close relations in an instant

PATIENT

STEP 1
Download the FreeStyle Libre 3 app

STEP 2
Register

STEP 3
Scan the sensor

SHARE YOUR GLUCOSE DATA

PATIENT'S ENTOURAGE

STEP 1
Download the LibreLinkUp app

STEP 2
Register

STEP 3
Accept the invitation
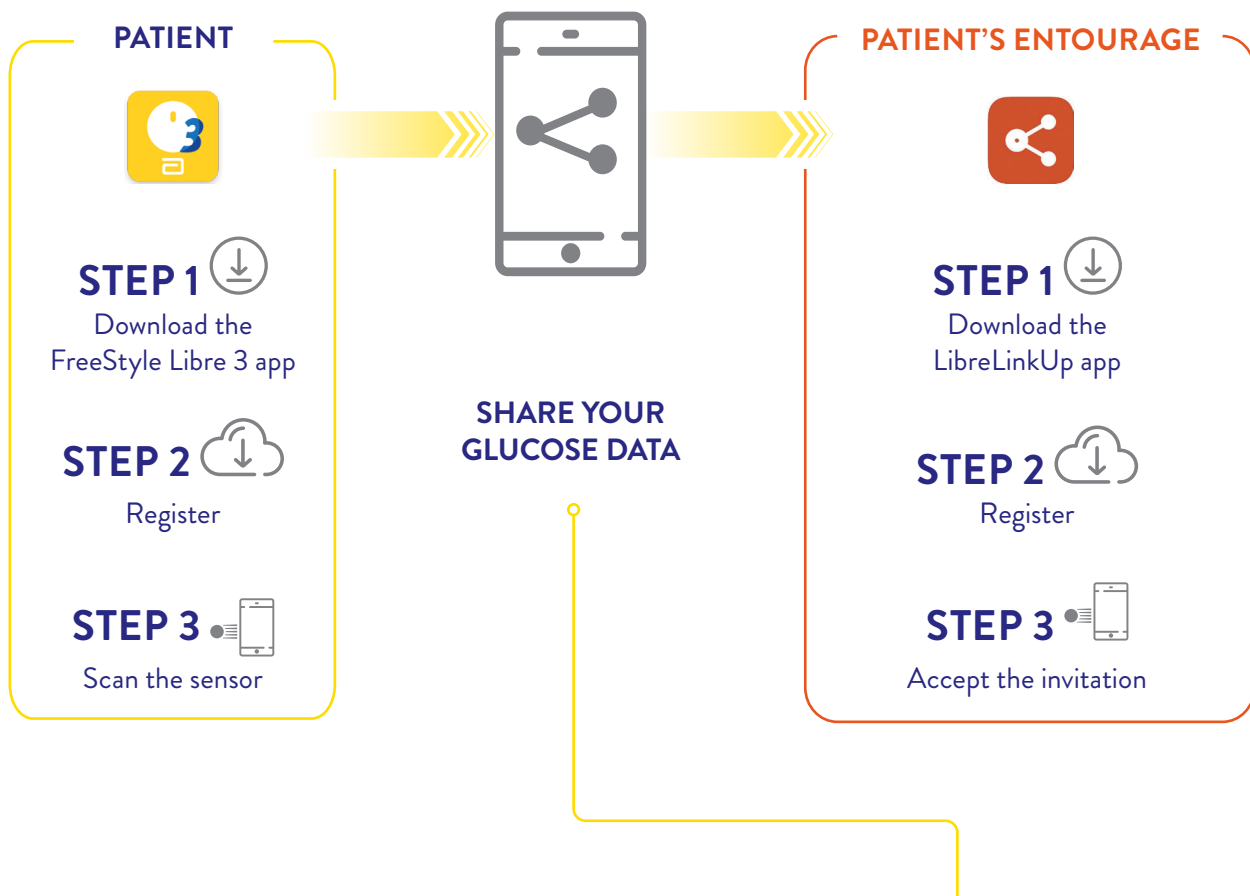
The caregiver will receive the FreeStyle Libre 3 user's glucose readings on an ongoing basis.

Share your glucose levels with up to 20 people.
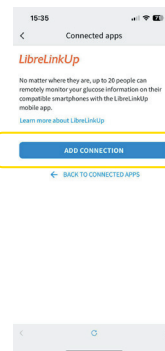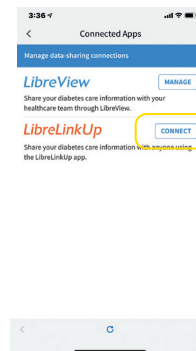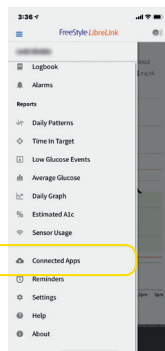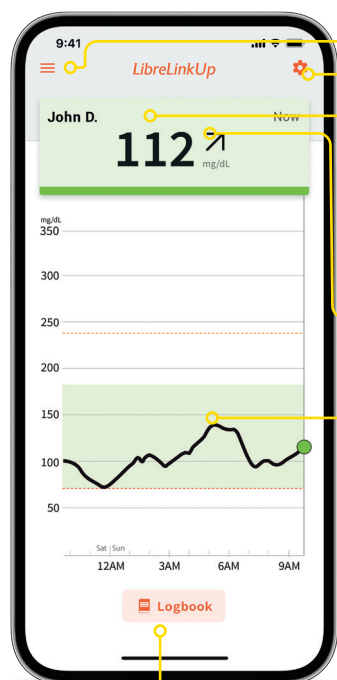
Menu [≡]
Manage contacts who share their glucose readings with you and define your settings.

Enable notifications [⚙]
You can enable the user's low and high glucose alarm notifications.

Current glucose value
The colored band indicates whether glucose levels are high, low, within or outside the target.

Trend arrow[3]
Indicates the direction (increase, decrease, or stable) and the intensity of changes in glucose levels.

Graph of glucose data for the last 12 hours
See how food, physical activity and insulin affect the glucose, day and night.
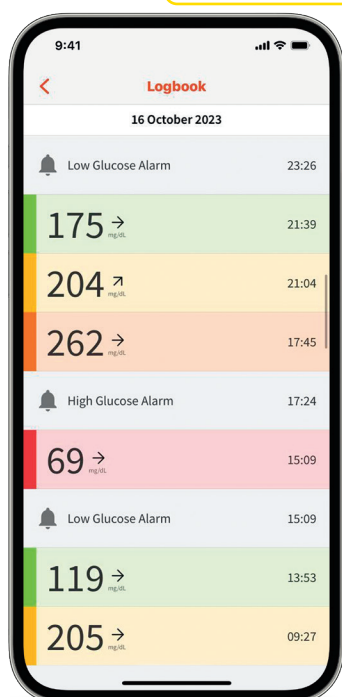
Logbook
View the user's latest glucose readings.

Scan and download the LibreLinkUp app on your smartphone

1. The LibreLinkUp app is only compatible with certain mobile device and operating systems. Please check www.LibreLinkUp.com for more information about device compatibility before using the app. Use of LibreLinkUp requires registration with LibreView. The LibreLinkUp mobile app is not intended to be a primary glucose monitor: home users must consult their primary device(s) and consult a healthcare professional before making any medical interpretation and therapy adjustments from the information provided by the app. 2. LibreLinkUp users must enable alarms in their apps and be connected to the Internet for the loved one to receive glucose alarms that the patient has shared with them. 3. The glucose trend arrow may not always appear with your reading.

The LibreView[1]

LibreView.com

Why and how can you share your data with your doctor?

Sharing your data with your doctor will allow him/her to see your glucose levels remotely and help you manage your diabetes. There are two possible scenarios if you want to share your data with your doctor.

SCENARIO 1:

Your doctor will provide you with the identifier of his/her LibreView "virtual office".

STEP 1	STEP 2
Once your LibreView account has been created, go to "Menu" and then "Account Settings" (top right).	Click the "My practices" tab and enter your doctor's practice ID.

💡 **If you are using the FreeStyle Libre 3 app, you can invite your healthcare professional directly via your app, in the main menu, via the Connected Apps button. Follow the steps.**

SCENARIO 2:

Your doctor will ask you to visit his/her LibreView "virtual office".

STEP 1	STEP 2
You will receive an invitation from your doctor via email.	Click the link and create your LibreView account. Follow the different steps.

💡 **If you use the FreeStyle Libre 3 app, you may already have created a LibreView account. Please enter the same email address and password used with your app.**

View and download my reports

1. I log into LibreView with the same username and password used with my FreeStyle Libre 3 app.

2. I click the icon 〰️

3. I click "Glucose Reports" to view my reports.

Watch the the instructional video via the QR code

💡 **Either on your FreeStyle Libre 3 app, or via the www.LibreView.com website, we recommend that you create an account in order to share your glucose data with your healthcare professionals (via LibreView) and/or loved ones (via LibreLinkUp).**

1. The LibreView website is only compatible with certain operating systems and browsers. Please check www.LibreView.com for additional information. The LibreView data management software is intended for use by both patients and healthcare professionals to assist people with diabetes and their healthcare professionals in the review, analysis, and evaluation of historical glucose meter data to support effective diabetes management. The LibreView software is not intended to provide treatment decisions or to be used as a substitute for professional healthcare advice.

Using the FreeStyle Libre 3 reader

A few things to take into consider
if you use the FreeStyle Libre 3 reader.

⚠️ **The FreeStyle Libre 3 reader cannot be used simultaneously with the FreeStyle Libre 3 app. If you have a problem, please ask your healthcare professional.**

1
- Prepare your skin and apply the sensor. (p6-7)

2
- Press the home button to turn on the FreeStyle Libre 3 reader.

3
- Press "Start a new sensor."

4
- Keep the reader within 4 cm of the sensor.
- If sounds and vibrations are turned on, the reader will beep and/or vibrate when the sensor has been detected.

5
- The sensor is ready to measure your glucose levels 1 hour after activation.
- **The only scan needed is the one that activates the sensor.**

Activate optional alarms

⚠️ **The alarms are disabled by default. To receive alarms, you must activate them (ON) and ensure that your reader is permanently within 10 meters of you, without any obstacles.**

1

| 22:23 | ⚙️ |
| Fin dans 14 jours | |

Voir Glucose

Revoir l'historique

Démarrer le nouveau capteur

Go to **Settings**.

2

Settings

Alarms

Sound & Vibration

Time & Date

1 / 4

Alarm Settings OK

Low Glucose   On

High Glucose   On

Signal Loss   On

Change Alarm Settings

Click **Alarms** and then **Edit alarm settings.**

3

Change Alarm Settings OK

Low Glucose Alarm

High Glucose Alarm

Signal Loss Alarm

Low Glucose Alarm ?

➕

➖   mg/dL

Off

done

Choose the alarm you want to set. **Turn it on**.

4

Low Glucose Alarm ?

➕ **70** ➖ mg/dL

On

done

High Glucose Alarm ?

➕ **240** ➖ mg/dL

On

done

Use the arrows to configure **the glucose** thresholds below and above which the alarm will activate.

5

Change Alarm Settings OK

Low Glucose Alarm

High Glucose Alarm

Signal Loss Alarm

Alarm Settings OK

Low Glucose   70 mg/dL

High Glucose   240 mg/dL

Signal Loss   On

Change Alarm Settings

View your **Alarm Settings**. The **signal loss** alarm activates automatically.

6

Settings

Alarms

Sound & Vibration

Time & Date

1 / 4

Turn on the sounds and/or **vibrations.**

- **70 mg/dL is the default low glucose level** but can be set to between 60 mg/dL and 100 mg/dL.
- **250 mg/dL is the default high glucose level** but can be set to between 120 mg/dL and 400 mg/dL.

Download my reports with my reader

1 I plug my reader into a USB port on my computer.

2 I click on the icon 📱

3 I click "Press to start downloading" and I follow the various steps.

4 I click "Glucose Reports" to view my reports.

💡 **Your healthcare provider will be able to view the glucose data you uploaded. You can also send them by e-mail or print them if you wish so as to take them with you to your next consultation.**

Restore the signal loss

You receive a "Signal loss" alarm

First method

- Press the "Cancel Alarm" button ①

  Your glucose values do not appear on the screen and you see: ⚠️ Signal loss.
- Briefly press the yellow button ③ and press "Display glucose". ④
- Wait a few moments; the signal will be restored and glucose values will be displayed. ⑤
- If necessary, repeat this operation several times in a row.

Second method

- Press the "Cancel Alarm" button ①

  Your glucose values do not appear on the screen and you see: ⚠️ Signal loss.
- Press and hold the yellow button ③ until the reader turns off.
- Start the player by pressing the yellow button. Press "Display glucose". ④
- Wait a few moments; the signal will be restored and glucose values will be displayed. ⑤
- If necessary, repeat this operation several times in a row.

If after several attempts you are unable to recover the signal, please contact Customer Service.

💡 **We recommend that you recharge your FreeStyle Libre reader every 2-3 days and always make sure it has enough battery to continue to monitor your glucose levels and receive glucose and signal loss alarms if they are activated.**

Any questions, need assistance?

Discover our e-Learning on myFreeStyle.be or .lu

Call one of these technical support numbers[1]
available every working day
from 8:30 am to 5:00 pm in French or Dutch.

| BE | 0800 167 72 |
| LU | 8002 54 87 |

Submit your **request for replacement** of a defective sensor 24/7
via our online form (currently only available for Belgium).
Scan the QR code:

Available in French or Dutch

To make the call as smoother as possible, please prepare the following info:

- Clear description of the request relating to the product
- User's first and last name
- User's mailing address
- User's email & phone
- Doctor's name
- Sensor wearing time
- Any error code
- Serial no. & batch no. of sensor
- Serial no. of reader, if any
- Precision electrodes batch no., if any

⚠️ **Contact Customer Service before removing your sensor. The sensor must be kept during the call in order to be able to send it in case of analysis.**

1. These numbers are toll-free. To call from abroad, dial +32 800 167 72.

FreeStyle Libre 3 PLUS

Your diabetes is easily monitored.

You and your fingers[1] will wonder what you did without the FreeStyle Libre 3 Plus system.

15 Small, discreet[2] and easy to wear[2] for up to 15 days.

See how your diet, activity and treatment affect your glucose levels.

Accurate[2] real-time glucose readings at a glance on your smartphone[3].

It has been proven to help people with diabetes achieve their goals[4,5].

1. Finger pricks are required if glucose readings and alarms do not match symptoms or expectations. **2.** Alva, S. Diabetes Therapy (2023). https://doi.org/10.1007/s13300-023-01385-6 **3.** The FreeStyle Libre system apps are only compatible with certain mobile devices and operating systems. Please check myFreeStyle.be (in Belgium) or myFreeStyle.lu (in Luxemburg) for more information about device compatibility before using the app. Use of de FreeStyle Libre system apps may require registration with LibreView. **4.** Bolinder, J. Lancet (2016): https://doi.org/10.1016/S0140-6736(16)31535-5. **5.** Yaron, M. Diabetes Care (2019): https://doi.org/10.2337/dc18-0166.

In this document, the data are simulated for illustrative purposes. These are not real data, patients or healthcare professionals.

Abbott