

| TC | Audio Transcript | Visual Description |
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| 00:00 | - [Lori] Hi, and welcome to how to share your glucose readings with your healthcare provider video featuring the FreeStyle Libre system. | <p>Visuals FreeStyle Libre FLASH GLUCOSE MONITORING SYSTEM Logo with butterfly, Abbott life. to the fullest logo, image of nurse. FreeStyle mobile app, reader and sensor.</p> <p>On-screen titles “SHARING GLUCOSE READINGS with your healthcare provider”,</p> <p>Disclaimer “The FreeStyle Libre flash glucose monitoring system is indicated for measuring interstitial fluid glucose levels in adults aged 18 years and older with diabetes mellitus. Always read and follow the label/insert.”</p> <p>“The FreeStyle LibreLink app and the FreeStyle Libre reader have similar but not identical features. A finger prick test using a blood glucose meter is required during times of rapidly changing glucose levels when interstitial fluid glucose levels may not accurately reflect blood glucose levels or if hypoglycemia or impending hypoglycemia is reported by the FreeStyle LibreLink app or when symptoms do not match the app readings. The FreeStyle Libre sensor communicates with the FreeStyle Libre reader that started it or the FreeStyle LibreLink app that started it. A sensor started by the FreeStyle Libre reader will also communicate with the FreeStyle LibreLink app. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink requires registration with LibreView.”</p> |
| 00:08 | My name is Lori Berard. I'm a nurse and certified diabetes educator. In this video, we're going to show you how to connect to your healthcare providers so you can begin sharing your glucose readings. | <p>On-screen titles “Lori Berard Nurse / Certified Diabetes Educator”, “SHARING GLUCOSE READINGS with your healthcare provider”</p> <p>Visuals FreeStyle mobile app, reader and sensor, FreeStyle logo and butterfly.</p> |
| 00:18 | Did you know the FreeStyle Libre system measures your glucose every minute? These | On-screen titles “Measures every minute” |

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| | readings provide you and your healthcare provider with valuable information. | A woman looking at a mobile app. Clock connected to sensor on woman's arm. |
| 00:29 | In fact, sharing glucose readings with your healthcare provider allows for easier and more productive conversations about your diabetes management. | A woman holds the FreeStyle Libre mobile app to the sensor on arm. Visual of Doctor looking at computer screen. Image of information being shared from mobile app to Doctor's computer screen. |
| 00:37 | Your provider can quickly help you identify patterns and trends in your glucose levels and discuss possible changes to your diabetes management plan. | On-screen titles "Identify patterns and trends" Image of information being shared from mobile app to Doctor's computer screen. On-screen titles "Discuss diabetes management plan" |
| 00:46 | And with the FreeStyle Libre system, sharing glucose readings is simple and convenient. You can scan and share readings at any time from anywhere. | On-screen titles "60-minute warm-up required when applying the sensor. Sensor is water-resistant in up to 1 metre (3 feet) of water. Do not immerse longer than 30 minutes. Not to be used above 10,000 feet." Visuals of FreeStyle Libre mobile app, reader and sensor. Woman is in dining/kitchen space and then in an outdoor space, all the while holding mobile in hand, looking at the FreeStyle Libre app and sharing reports with the Doctor while on the move. |
| 00:55 | But before we break down how to share, let's see how your healthcare provider can review your glucose readings. There are a few different options. | Visuals of Doctor looking at computer screen. FreeStyle Libre mobile app, reader and sensor. Image showing that the woman has successfully shared information with the Doctor. On-screen titles "A look at how SHARING IS POSSIBLE" |
| 01:07 | Some healthcare providers use a system called LibreView, which is secure and cloud-based. | On-screen titles "LibreView", "Secure, cloud-based system connecting you to your healthcare provider." Disclaimer "LibreView is developed, distributed and supported by Newyu. Inc. The LibreView data management software is intended for use by both patients and healthcare professionals to assist people with diabetes and their healthcare professionals in the review, analysis and evaluation of historical glucose meter data to support effective diabetes management. The LibreView software is not intended to provide |

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| | | <p>treatment decisions or to be used as a substitute for professional healthcare advice. The LibreView website is only compatible with certain operating systems and browsers. Please check www.LibreView.com for additional information.</p> <p>Visuals of Doctor looking at a computer screen. LibreView</p> |
| 01:12 | This means they can review your glucose readings and provide treatment support in-person or remotely, giving you the option to meet virtually. So, you share glucose readings and your provider sees everything in LibreView. | Visuals of Doctor looking at a computer screen. LibreView. Woman looking at a mobile phone with FreeStyle Libre app, sharing reports with a Doctor. |
| 01:26 | Sounds simple, right? | Visuals of Woman looking at a mobile phone with FreeStyle Libre app sharing reports with a Doctor. |
| 01:27 | In order to set up a connection, you'll need to either accept an invitation from or initiate a connection with your healthcare provider. Keep in mind, these steps are different for reader and app users. | Visuals of Woman looking at a mobile phone with FreeStyle Libre app, accepts an invitation to share reports from Doctor and sends an invitation to Doctor via mobile app. Image of FreeStyle reader and mobile app. |
| 01:41 | If you're using the FreeStyle LibreLink app, it's easy. You can send or accept an invitation right within the app. | <p>On-screen titles "FreeStyle LibreLink app users - send or accept invitation within the app"</p> <p>Visuals mobile app showing connected apps screen with pending invitation from Doctor and option to decline or accept. Option to accept is highlighted on the screen.</p> |
| 01:48 | If you're using the FreeStyle Libre reader, there are more steps involved. You'll need to sign up for a LibreView patient account before you can begin sharing. We'll walk you through this process later on in the video. | <p>On-screen titles "FreeStyle Libre reader users - sign up for a LibreView patient account"</p> <p>Visuals of FreeStyle Libre readerView screen and reader. Highlighting option to sign up for a LibreView account.</p> |
| 02:02 | So what happens if your healthcare provider doesn't use LibreView? No problem. | Visuals of Doctor sitting at a computer. |
| 02:07 | If you're scanning with the FreeStyle LibreLink app, you can share glucose reports directly from your phone using the share button, just like that. | FreeStyle Libre mobile app reports screen. The share button is highlighted on the mobile app screen in the lower centre screen section. |
| 02:16 | You can also review these reports with your healthcare provider directly within the app or reader at your next appointment. | Visuals of a woman looking at a mobile app and a Doctor sitting at a computer. |
| 02:23 | Okay, let's get connected. | Visuals of a woman looking at a mobile app and a Doctor sitting at a computer. |

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| 02:26 | (mellow music) | On-screen titles "I scan with the FREESTYLE LIBRELINK APP and my healthcare provider uses LIBREVIEW." Visuals of FreeStyle mobile app. |
| 02:31 | Within the FreeStyle LibreLink app there are two ways to set up a connection, which will allow your healthcare provider to review your glucose readings in LibreView. | On-screen titles "LibreView 2 ways to connect" Visuals of a woman looking at a mobile app and a Doctor sitting at a computer. |
| 02:41 | For option one, you connect to your healthcare provider. Your healthcare provider will give you their LibreView Practice ID. This is a code specific to your provider's practice. Simply enter the ID into the FreeStyle LibreLink app. Go to Menu, Connected Apps, LibreView, Connect to a Practice, Enter Practice ID, click "Next." Then, after viewing your healthcare provider's contact information, click "Connect." | On-screen titles "Option 1 YOU connect to your provider." "Practice ID ABC 123" Visuals Mobile app showing LibreView screen and healthcare provider Practice ID login section. Visuals of LibreLink app menu options, choosing connected apps, LibreView, Connect to a Practice, Enter Practice ID, Review and confirm Practice details and Connect. |
| 03:18 | For option two, your healthcare provider will send you an invitation, which you'll need to accept. You can do this directly within your app. Go to Menu, Connected Apps, LibreView, Pending Invitations, Accept. | On-screen titles "Option 2. Your provider will send YOU an invitation" Visuals of mobile app showing LibreView menu screen, highlighting connected apps, LibreView, Pending Invitations and option to accept. |
| 03:35 | Once connected, your glucose readings are automatically shared with LibreView, ready for discussion with your healthcare provider at your next appointment. | Visual Mobile app with My Glucose screen being shared with LibreView. Disclaimer "Use of FreeStyle LibreLink requires registration with LibreView. Automatic upload requires a wireless internet connection or mobile data connection" |
| 03:43 | If you don't have anything scheduled but you have a question or concern about your readings, contact your provider to book an appointment. | Visuals of a woman holding mobile app and options to contact healthcare provider via email or phone. |
| 03:50 | Remember: if your healthcare provider is not set up on LibreView, you can still share glucose reports using the share button within your app or simply show your reports on your phone at your next in-person appointment. | Visual of a Doctor sitting at a computer. Mobile app Reports screen. The share button is highlighted on the lower section of the mobile app screen. |
| 04:05 | (mellow music) | On-screen titles "I scan with the FREESTYLE LIBRE READER and my healthcare provider uses LIBREVIEW" Visuals of FreeStyle reader. |
| 04:09 | If you're using the FreeStyle Libre reader, there are a few more steps to complete before connecting with your healthcare provider. So consider downloading the FreeStyle LibreLink app. It's free. | On-screen titles "Download the FreeStyle LibreLink app - it's easy and free!" Visuals FreeStyle reader showing Glucose reading at 6.2. FreeStyle app showing Glucose reading at 6.2. |

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| | | FreeStyle logo. Apple app store logo. Google Play store app. |
| 04:21 | To begin sharing with your reader you'll need to sign up for a LibreView patient account. Visit libreview.com , click "Sign up" and select the option for LibreView account. | On-screen titles " www.LibreView ", "Download the FreeStyle LibreLink app - it's easy and free!" Visuals LibreView desktop screen and member log in section. FreeStyle logo. Apple app store logo. Google Play store logo. On-screen titles "STEP 1: Setting up your LIBREVIEW patient account" "1 Sign Up" Visuals LibreView sign up screen on desktop. |
| 04:37 | Choose your country of residence, then accept terms of use and privacy notice. | "1 Sign Up", "2 Country" Visuals LibreView Country of Residence screen on desktop. |
| 04:42 | Enter your information including name, date of birth, login email and password. | "1 Sign Up", "2 Country", "3 User Info" Visuals LibreView Sign Up page |
| 04:48 | Once you've completed this form, you'll be asked to verify your email address. This verification step ensures that your email address belongs to you. | "1 Sign Up", "2 Country", "3 User Info" Verification of email step on desktop screen. |
| 04:58 | Locate the email from LibreView in your inbox and click the "Verify Email" button. If you don't see this email in your inbox, check your spam or junk folders. | "1 Sign Up", "2 Country", "3 User Info", "4 Verification" Visuals Verify email option to complete sign up process shown on screen. |
| 05:08 | Once you see the screen saying you have successfully verified your email, go back to the LibreView signup tab and select "Next." | "1 Sign Up", "2 Country", "3 User Info", "4 Verification" Visuals screen showing email has been successfully verified. |
| 05:17 | Then voila, your LibreView account is ready to go. | "1 Sign Up", "2 Country", "3 User Info", "4 Verification", "5 Ready to Connect" Visual of Patient account successfully created showing on screen. FreeStyle Reader connected. |
| 05:25 | Now that you're all set up with the LibreView account, it's time to connect to your healthcare provider's practice. | On-screen titles "STEP 2: CONNECTING with your healthcare provider" Visuals show Desktop screen with My Practices page. |
| 05:31 | If you received an invitation from your provider, follow the steps in the email to set up your connection. | Visual Email invite image shown. |
| 05:37 | You can also initiate a connection with your healthcare provider using their practice ID. If you have it, open the settings menu, click "Account Settings," then "My Practices." Once you've entered the practice ID, click "Add" to complete the request. | On-screen titles "MENU", "ACCOUNT SETTINGS", "MY PRACTICES" Visuals Desktop showing My Practices Page and linked practice details. |

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| 05:53 | Once connected, your healthcare practice or clinic name should appear in your Linked Practices list. | Visuals Desktop showing My Practices Page and linked practice details. Linked practices list is highlighted. |
| 05:59 | You can connect to multiple practices and you can stop sharing with a practice at any time by clicking the red "Remove" button. | Visuals Desktop showing My Practices Page and linked practice details. Linked practices list is highlighted and Red remove button. |
| 06:12 | Next, you'll need to install the LibreView device drivers, which will pull your glucose readings from your reader into your LibreView account. | On-screen titles "STEP 3: INSTALLING LIBREVIEW device drivers" Visual of desktop screen with upload a device screen. |
| 06:21 | Click the "Download the LibreView Device Drivers software" link found on the left side of the upload screen. | Visuals Download LibreView Device section is highlighted. |
| 06:29 | A window will appear prompting you to select either a Windows or Mac operating system. | Visuals Install the latest LibreView Device Drivers screen is shown. Mac and Windows logos are shown. |
| 06:35 | Once you've made your selection, the driver file will begin downloading to your computer. | Visuals Install the latest LibreView Device Drivers screen is shown. Download graphic is shown. |
| 06:41 | When the download is complete, click the file to begin the installation, allow the program to run and follow the prompts to finish. | Visuals complete set up screen is shown. |
| 06:53 | Once the LibreView device drivers are successfully installed, you can upload glucose readings by connecting your device to your computer with the yellow cable. | On-screen titles "STEP 4: Uploading from your device to LIBREVIEW" Visuals Upload a Device screen is shown on desktop. FreeStyle reader is shown connected to computer with the yellow cable. |
| 07:04 | Click "Press to begin upload" from the upload device screen. It may take a few minutes for the system to recognize the new drivers on your first upload. | Visual upload a device screen is shown on desktop. On-screen titles "This process may take a few minutes" Visuals clock taking time. |
| 07:13 | Depending on your browser, you might get a pop-up permissions window. | Visuals upload a device screen is shown on desktop. |
| 07:17 | If so, check the box to give the program browser access. | Visuals upload a device screen is shown on desktop. |
| 07:21 | There you go. | On-screen titles "LibreView" Visuals FreeStyle Libre logo with butterfly. Doctor sitting at computer. |
| 07:23 | Your healthcare provider can access your glucose readings for discussion at your next appointment. Just be sure to upload before the scheduled session. | On-screen titles "LibreView" Visuals FreeStyle Libre logo with butterfly. Doctor sitting at computer. Image of report on clipboard. |
| 07:31 | And if you forget any of the necessary steps, don't hesitate to replay this video or call customer care. | On-screen titles "LibreView" Visuals FreeStyle Libre logo with butterfly. Doctor sitting at computer. |

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| | | On-screen titles "Abbott Diabetes Customer Care: 1-888-205-8296" "Stay connected and easily SHARE YOUR GLUCOSE READINGS" |
| 07:44 | Congratulations. You're ready to start sharing your glucose readings. | Visuals women with the FreeStyle mobile app and sensor on arm. Doctor at computer. LibreView logo. |
| 07:48 | Needless to say the FreeStyle Libre system was designed to enable more productive conversations about diabetes management, at any time, from anywhere. | Visuals reports being shared from mobile app to Doctor while woman is in kitchen/dining room setting and outdoors. LibreView logo. On-screen titles "60 minute warm-up required when applying the sensor. Sensor is water-resistant in up to 1 metre (3 feet) of water. Do not immerse longer than 30 minutes. Not to be used above 10,000 feet." |
| 07:59 | Thanks for watching. And remember: you can do it remotely. | On-screen titles "YOU CAN DO IT REMOTELY" |
| 08:04 | (mellow music) | Visuals FreeStyle Libre logo with butterfly. Abbott life. to the fullest logo. On-screen titles "Copyright 2021 Abbott FreeStyle, Libre, and related brand marks are marks of Abbott. Product images are for illustrative purposes only. Other trademarks are the property of their respective owners. ADC-23496" |